The cover features a white background with abstract geometric elements. At the top, a large blue circle is partially visible, surrounded by a pattern of dark blue dots of varying sizes that radiate outwards. On the left side, a yellow circle is partially visible, with a pattern of yellow dots radiating from it. At the bottom right, a blue circle is partially visible, with a pattern of light blue dots radiating from it. The text 'ACA BOOKS' is positioned in the upper right quadrant, with 'ACA' on the top line and 'BOOKS' on the bottom line, both in a bold, black, sans-serif font. A thin green horizontal line is located below 'BOOKS'. Below this line, the text 'SPRING 2025' is written in a smaller, black, sans-serif font.

ACA BOOKS

SPRING 2025

ACA BOOKS

SPRING 2025

Contents

NEW RELEASES	1
RECENT RELEASES	3
BACKLIST	7
INDEX	33



Hello!

At the American Counseling Association (ACA), we are dedicated to advancing the counseling profession and promoting the professional development of counselors across all settings. With over 70 years of leadership in the mental health field, ACA stands as a trusted resource for counselors, educators, and students worldwide.

Our publishing program reflects this commitment by offering a wide range of books that combine cutting-edge research, evidence-based practices, and practical tools to empower counseling professionals. From essential texts on foundational skills to resources addressing emerging topics in mental health, we aim to meet the diverse needs of counselors at every stage of their careers.

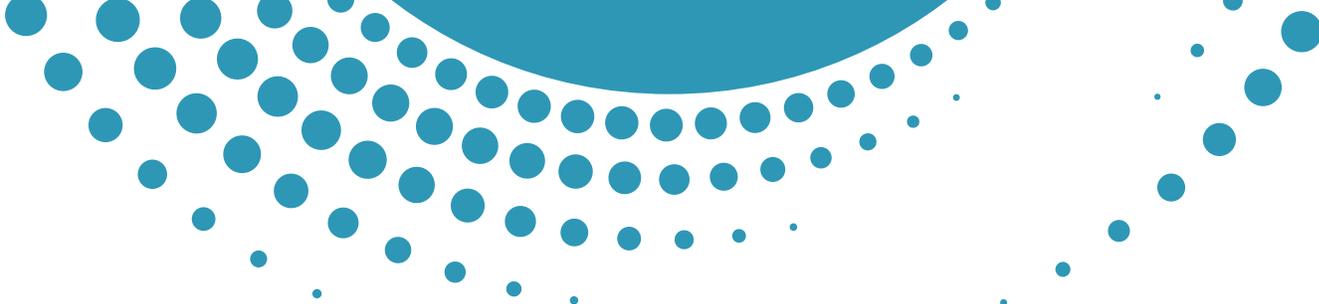
Our mission is clear: to produce high-quality, impactful publications that inform and inspire counselors, fostering a deeper understanding of human development, relationships, and resilience. We are proud to partner with leading experts in the field to bring innovative ideas and meaningful insights to our readers.

Behind our catalog is a passionate team of publishing and marketing professionals with years of experience developing and promoting counseling-focused publications. Our editors, designers, and marketing specialists are here to guide and support authors every step of the way—from manuscript development to publication and beyond. We are committed to ensuring your work reaches its full potential and finds the audience it deserves.

Whether you are a reader seeking professional growth or an author with an important contribution to make, we invite you to explore our catalog and connect with us. Together, we can continue to shape the future of counseling.

ACA PUBLICATIONS TEAM





Ordering Information

Print versions of our books are available through our [online bookstore](#). Most of our books are also available in electronic format through Wiley. A link to purchase the electronic version is also available through the ACA online store.

Accessible Copies

If you work for a U.S. educational institution that needs a digital copy of an ACA book for a student with a print disability, please contact us for assistance at publications@counseling.org.

How to Publish with ACA

We publish books to support the research, education and practice needs of counseling professionals and the populations they serve. We seek diverse voices and innovative research that informs, empowers and elevates the profession of counseling.

We welcome proposals from new and established authors at all stages of their career. As we aim to keep our publications enriching, instructive, and inspiring for our members and the wider counseling community, we encourage new and innovative ideas.

Visit <https://www.counseling.org/publications/aca-books/book-proposal> to learn more about the required and optional elements to include in your proposal as well as information about the proposal review process.

As you develop your proposal, you are invited to set up a consultation with the Acquisitions Editor. You can request a consultation by emailing publications@counseling.org.

Permissions

Reproduction of any portions of ACA books that fall outside the bounds of fair use require permission of the ACA. For reproductions that may potentially or do exceed fair use, please contact publications@counseling.org for review and permission.

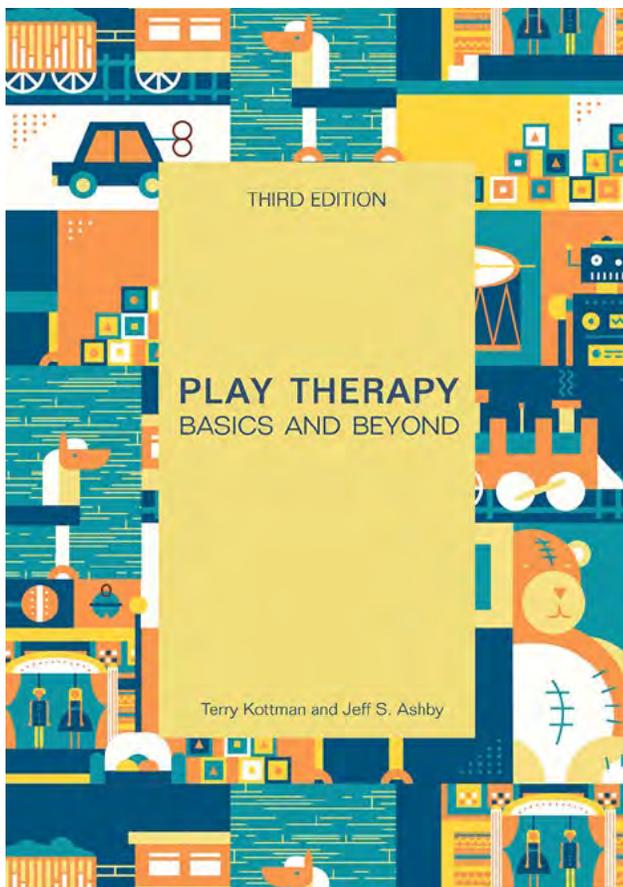
Contact Us:

2461 Eisenhower Avenue
Suite 300
Alexandria, Va. 22314

publications@counseling.org

www.counseling.org





Play Therapy: Basics and Beyond, 3rd Edition

TERRY KOTTMAN & JEFF S. ASHBY

Play Therapy: Basics and Beyond is a comprehensive and insightful guide to the practice of play therapy. Presenting foundational and advanced skills with humor and fun, this book brings the practice of play therapy to life through real-life examples, interactive exercises, and thought-provoking reflections. For those new to play therapy or seeking to deepen their expertise, *Play Therapy: Basics and Beyond* offers a proven methodology and practical tools for counselors to connect with their child clients in deeply meaningful ways.

Published January 2025

ISBN: 978-1-55620-421-0

486 pages

\$51.95 Member price

\$72.95 Nonmember price



Integrating Career Development and Mental Health Counseling

SETH C. W. HAYDEN

Integrating Career Development and Mental Health Counseling focuses on counseling-centered approaches that integrate dimensions of career and mental health. Whether providing counseling in a community agency, K-12 school, private practice, college/university, or other institution, having the capability to address career concerns is essential to comprehensive counseling support. Relevant dimensions of career theory, research, and practice are included. Theoretically and empirically supported interventions that address co-occurring career and mental health concerns are also provided.

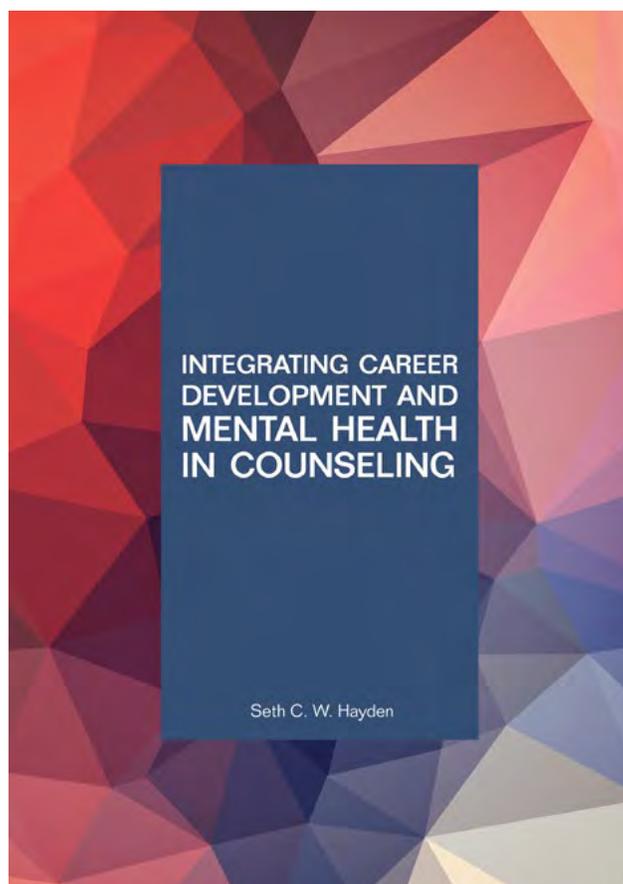
Published February 2025

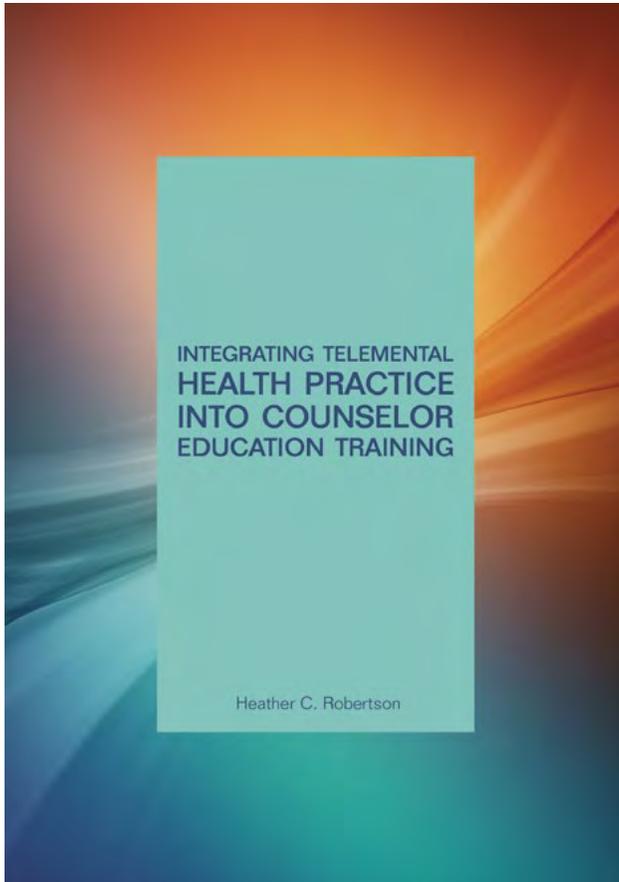
ISBN: 978-1-55620-420-3

176 of pages

\$34.36 Member price

\$42.95 Nonmember price





Integrating Telemental Health Practice into Counselor Education Training

HEATHER C. ROBERTSON

Counselor educators and instructors need impactful and concise strategies to successfully integrate telemental health (TMH) concepts into an already demanding counseling curriculum. As TMH counseling continues to expand in a post-pandemic era, counselor educators and instructors are charged with the responsibility of training the next generation of professional counselors in ethical and effective TMH counseling.

Published February 2025

ISBN: 978-1-55620-417-3

352 pages

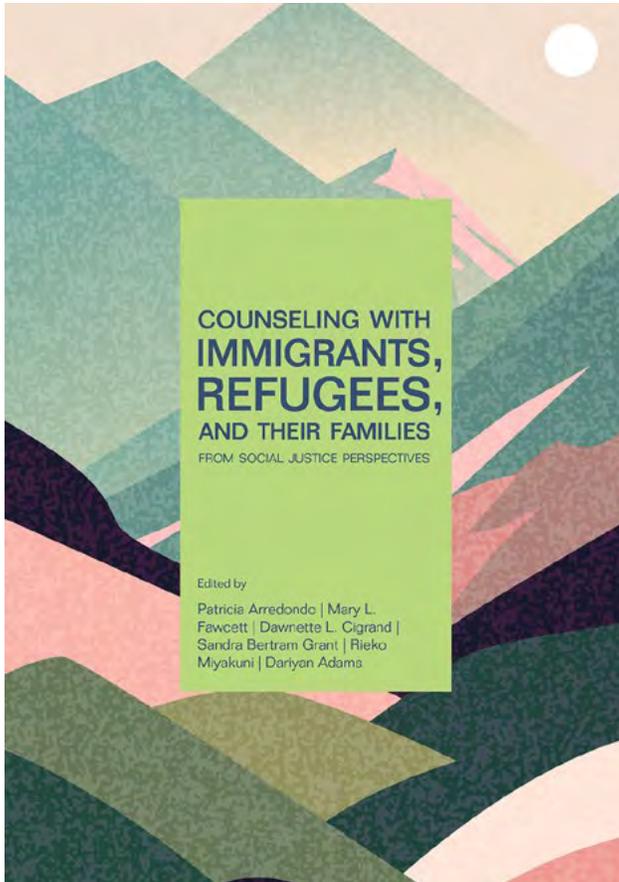
\$55.96 Member price

\$69.95 Nonmember price



ACA Counseling Journals

<https://www.counseling.org/publications/counseling-journals>



Counseling With Immigrants, Refugees, and Their Families: From Social Justice Perspectives

EDITED BY PATRICIA ARREDONDO, M. FAWCETT, D. CIGRAND, S. BERTRAM GRANT, R. MIYAKUNI, D. ADAMS

Immigrants and refugees continue to make enormous contributions to the economic, educational, and cultural richness of the U.S. They plan for and manage multiple changes to achieve goals for themselves and their families, and in the process, give back to the U.S. This book provides insight for counselors working with immigrants and refugees and their families across the lifespan. Social justice and multicultural counseling competency frameworks ground this text, which is intended for counselors working in academic settings, conducting research, and practicing in different contexts.

Published March 2024

ISBN: 978-1-55620-418-0

284 pages

\$59.96 Member price

\$74.95 Nonmember price



Neuroscience-Informed Counseling: Brain-Based Clinical Approaches, 2nd Edition

EDITED BY THOMAS A. FIELD, LAURA K. JONES, AND LORI A. RUSSELL-CHAPIN

As professional counselors learn more about neuroscience, they need guidance on how to integrate this new knowledge into counselor education and counseling practice with clients. The purpose of this updated edition is to provide a comprehensive resource for translating and applying neuroscientific concepts to the theory and practice of counseling. The authors provide guidance as to how counselors integrate neuroscience into their work, with the hope of better understanding and identifying methods for effectively and responsibly incorporating key principles of neuroscience into the profession.

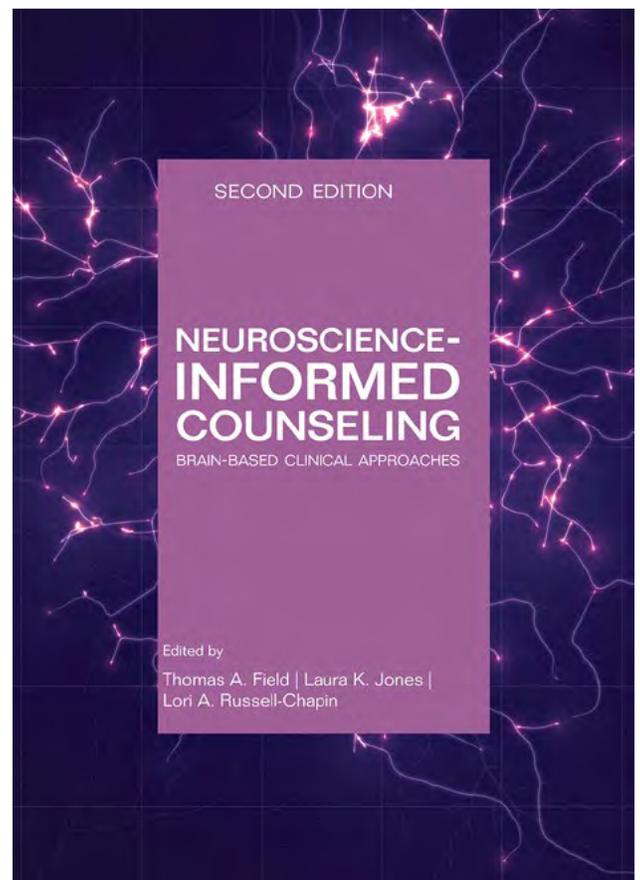
Published March 2024

ISBN: 978-1-55620-414-2

392 pages

\$55.96 Member price

\$69.95 Non-member price



Assessment in Counseling: Procedures and Practices, 7th Edition

DANICA G. HAYS

This best-selling text explains the basic principles of psychological assessment and measurement and guides students and practitioners in the appropriate selection, interpretation, and communication of test results. Danica Hays introduces more than 150 assessment instruments used to evaluate mental health, intelligence, career development, wellness, personality, and interpersonal relationships.

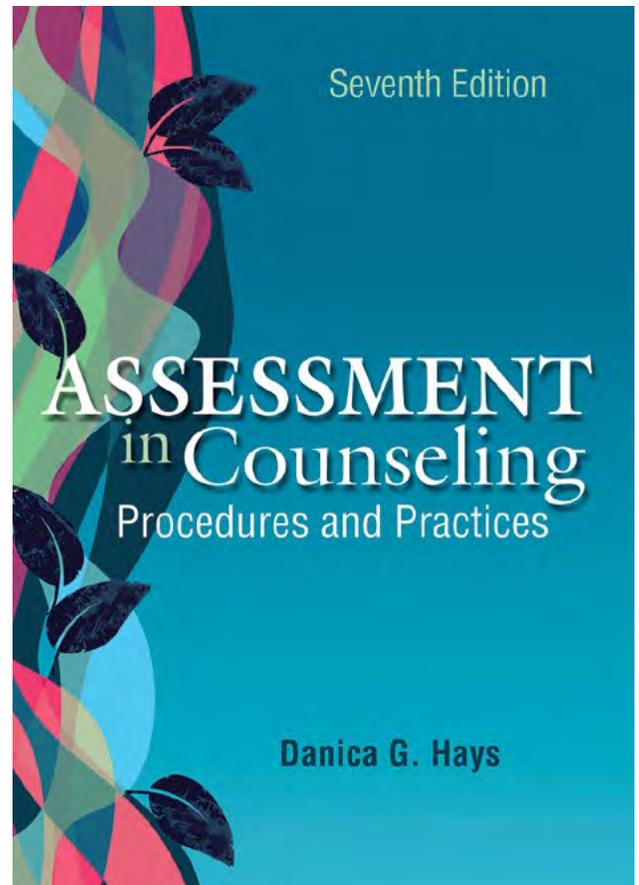
Published August 2023

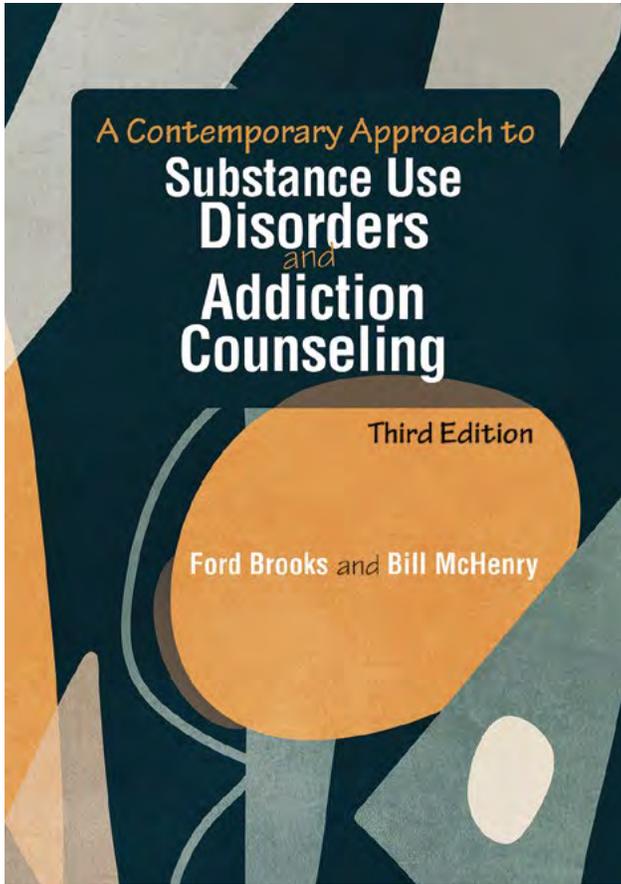
ISBN: 978-1-55620-415-9

528 pages

\$75.96 Member price

\$94.95 Nonmember price





A Contemporary Approach to Substance Use Disorders and Addiction Counseling, 3rd Edition

FORD BROOKS AND BILL MCHENRY

A unique offering of both knowledge and information, this third edition reflects the latest practices and time-tested data. Brooks and McHenry offer relevant case examples that showcase the therapy process as it relates to clients with a substance use disorder and the impact on their families.

Published October 2023

ISBN: 978-1-55620-413-5

384 pages

\$67.96 Member price

\$84.95 Non-member price



Counselor Self Care, 2nd Edition

GERALD COREY, MICHELLE MURATORI, JUDE T. AUSTIN II, AND JULIUS A. AUSTIN

This highly anticipated second edition written for students, clinicians, educators, and supervisors offers practical perspectives on the lifelong quest for personal wellness. Through conversational and deeply personal narratives, the authors reveal their self-care journeys at different stages of their careers, and 39 guest contributors-ranging from graduate students to counseling veterans-share how they overcome setbacks and prioritize self-care to maintain competent, ethical practice.

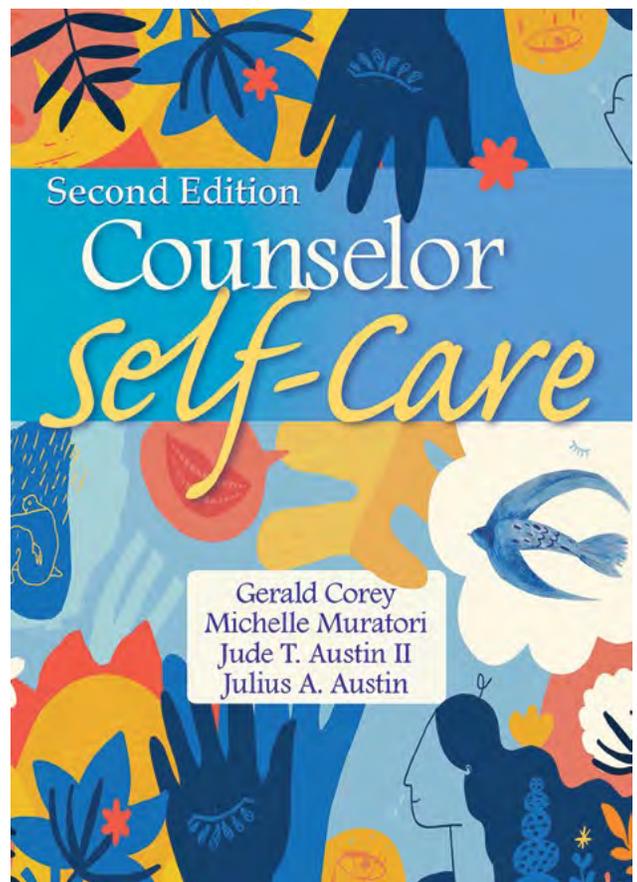
Published May 2023

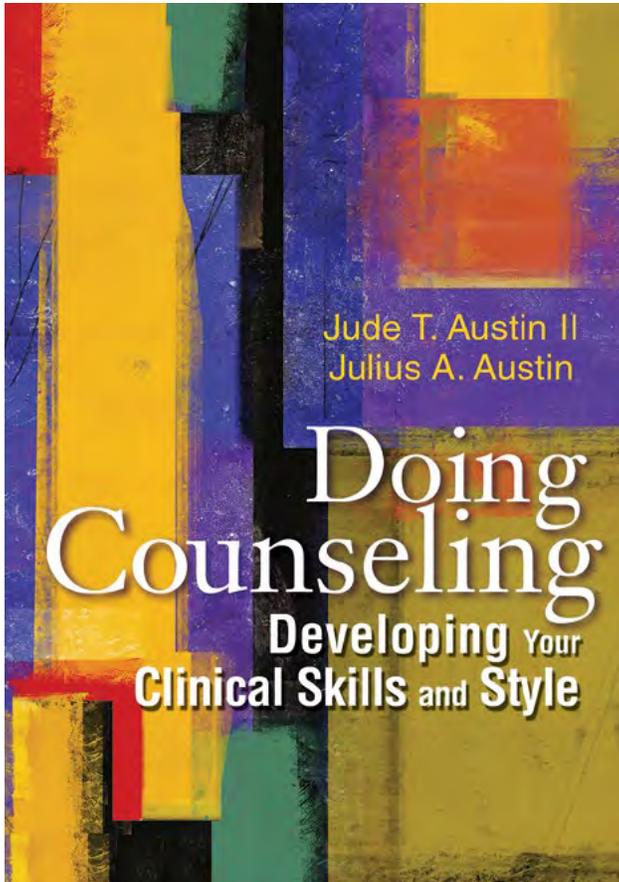
ISBN: 978-1-55620-419-7

296 pages

\$31.16 Member price

\$38.95 Non-member price





Doing Counseling: Developing Your Clinical Skills and Style

JUDE T. AUSTIN II AND JULIUS A. AUSTIN

This pragmatic book explains the “how” of integrating counselor training into practice by bridging the gap between educational knowledge, clinical skill, and counselor identity. Drs. Jude and Julius Austin combine their personal and professional experiences with contributions from other skilled clinicians to break down the counseling process and inspire counselor confidence in the ongoing quest to do counseling well.

Published February 7, 2023

ISBN: 978-1-55620-411-1

296 pages

\$38.36 Member price

\$47.95 Non-member price



Interactive Group Work, 2nd Edition

JANE E. ATIENO OKECH, DEBORAH J. RUBEL,, AND WILLIAM B. KLINE

A comprehensive and efficient guide for both novice and experienced group leaders, *Interactive Group Work* helps group leaders to create the conditions across group types and settings that enable group members to support one another.

From group work principles to theories and procedures, this text focuses on group counseling and therapy and explores the shared foundations with psychoeducational and task groups. Through in-depth explanations and real-world examples, it illustrates how groups work and builds knowledge of how to create successful group environments—places where group members interact, grow, change, and achieve their goals. This book goes in depth on how to set the stage for group work and enhance the experience for leaders and clients.

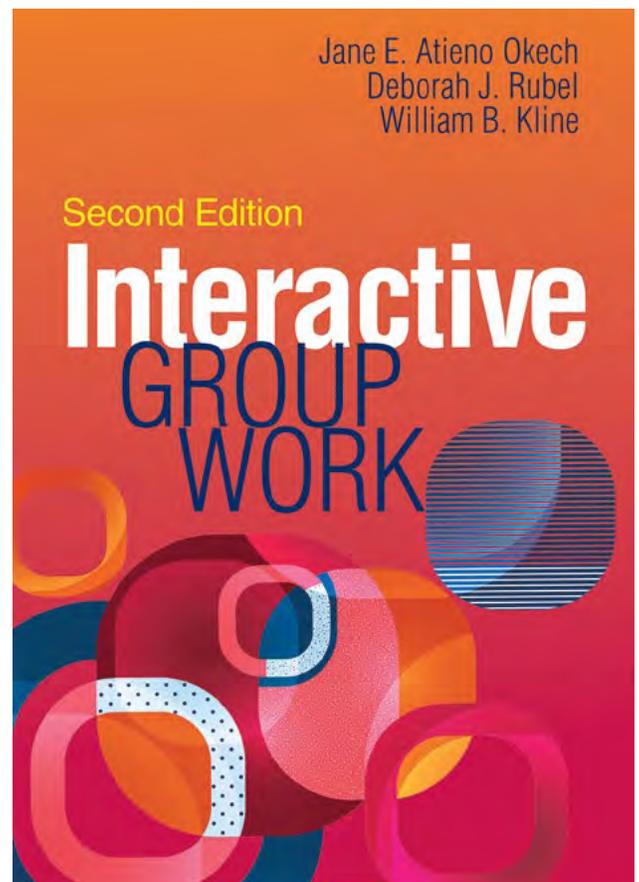
Published October 2023

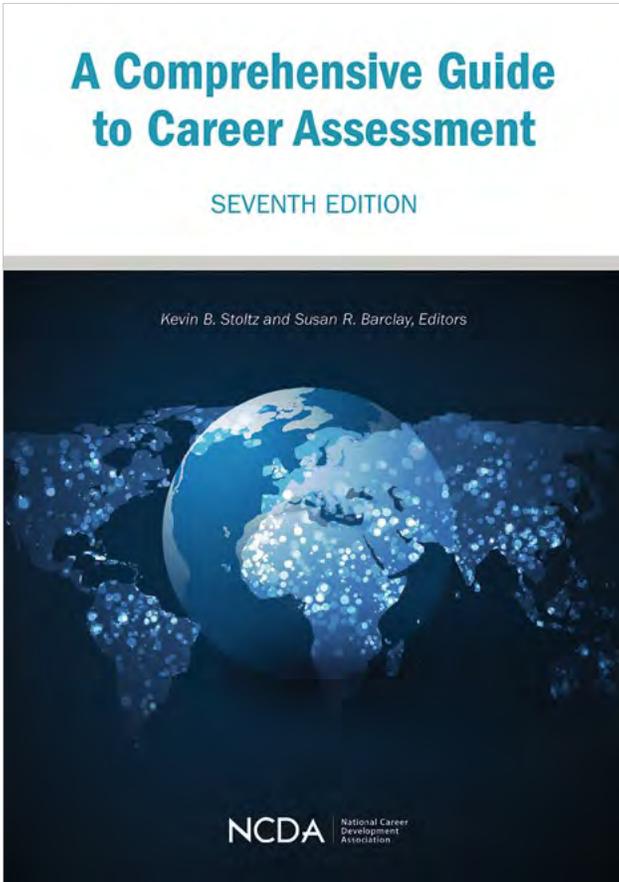
ISBN: 978-1-55620-397-8

512 pages

\$51.96 Member price

\$64.95 Non-member price





A Comprehensive Guide to Career Assessment

SEVENTH EDITION

Kevin B. Stoltz and Susan R. Barclay, Editors

NCDA National Career Development Association

A Comprehensive Guide to Career Assessment 7th Edition

EDITED BY KEVIN B. STOLTZ AND SUSAN R. BARCLAY

NCDA is excited to release the reimagined 7th edition of our influential guide to career assessment. Reconceptualized and renamed to A Comprehensive Guide to Career Assessment, the Guide contains important information that career counselors, educators, and practitioners will find invaluable in learning about career assessment and selecting assessments specific to client needs. The Guide is a resource that connects to multiple service sectors and embraces global perspectives of career assessment.

Published June 2019

ISBN: 978-1-88533-360-5

389 pages

\$75.00 Member price

\$99.00 Non-member price



A Concise Guide to Opioid Addiction for Counselors

KEVIN G. ALDERSON AND SAMUEL T. GLADDING

This brief, evidence-based guide is ideal for busy mental health professionals helping clients with opioid use disorders (OUDs). It examines the devastating global impact caused by opioids and is replete with information and resources that can be immediately applied to addiction work. The authors' pragmatic, strengths-based approach to treatment is based on a collaborative counselor-client working alliance to achieve client readiness for change, moderation, and abstinence.

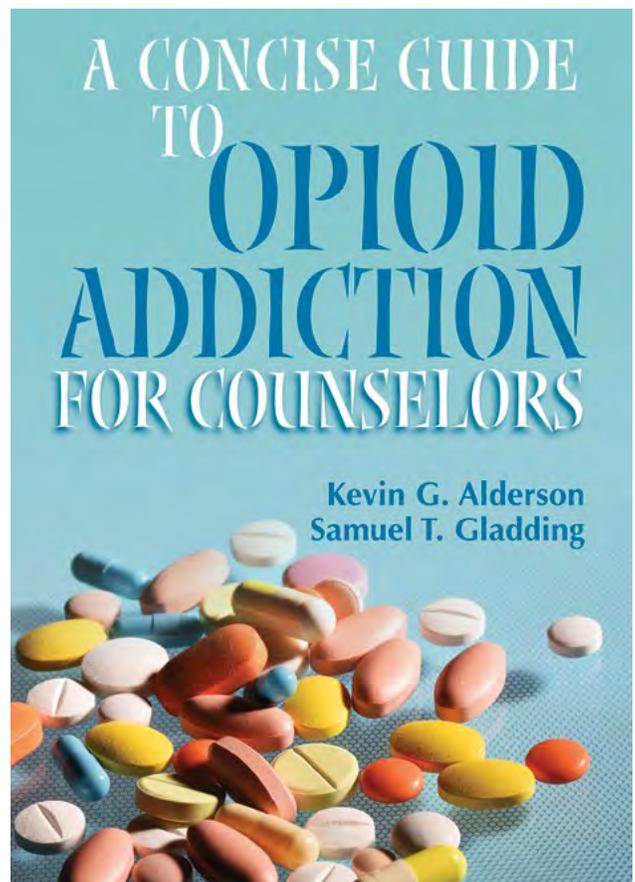
Published October 2020

ISBN: 978-1-55620-404-3

208 pages

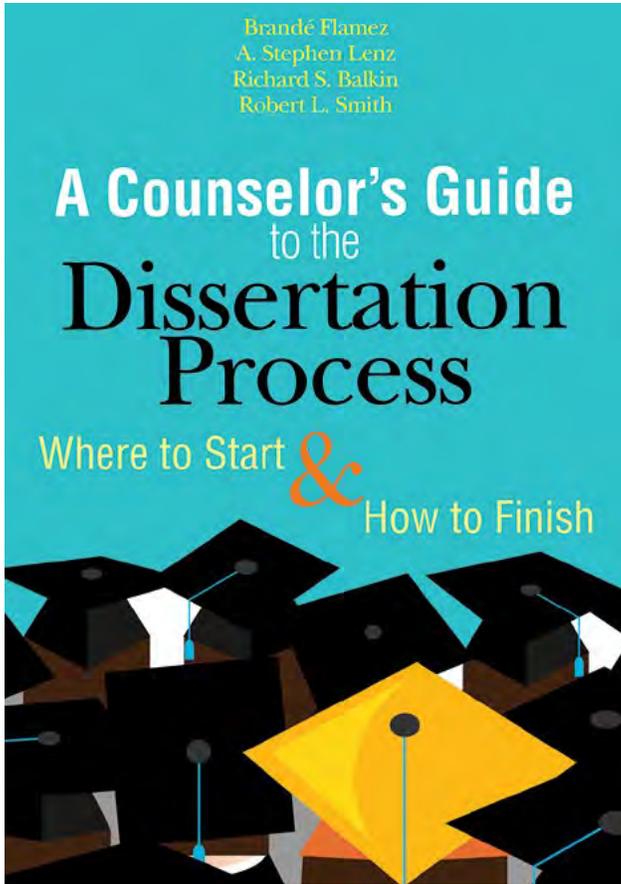
\$19.96 Member price

\$24.95 Non-member price



A CONCISE GUIDE TO OPIOID ADDICTION FOR COUNSELORS

Kevin G. Alderson
Samuel T. Gladding



A Counselor's Guide to the Dissertation Process

BRANDÉ FLAMEZ, A. STEPHEN LENZ, RICHARD S. BALKIN, AND ROBERT L. SMITH

This engaging book not only offers step-by-step guidance on planning, writing, and defending a dissertation but also helps create a beginning-to-end process that is meaningful, rewarding, and exciting. Each chapter answers commonly asked questions, contains a checklist for each part of the dissertation, provides a summary of key points, and lists additional resources.

Published January 2017

ISBN: 978-1-55620-359-6

232 pages

\$27.16 Member price

\$33.95 Non-member price



Addiction in the Family: What Every Counselor Needs to Know

VIRGINIA A. KELLY

This book identifies and addresses potential clinical issues for clients who have family members struggling with addiction, and offers concrete strategies for treatment. Viewing addiction as a family disease, Dr. Kelly explores the complex challenges faced by family members, examines the ways in which substance use disorders affect family dynamics, and discusses behaviors that help to sustain recovery and create and maintain healthy relationships.

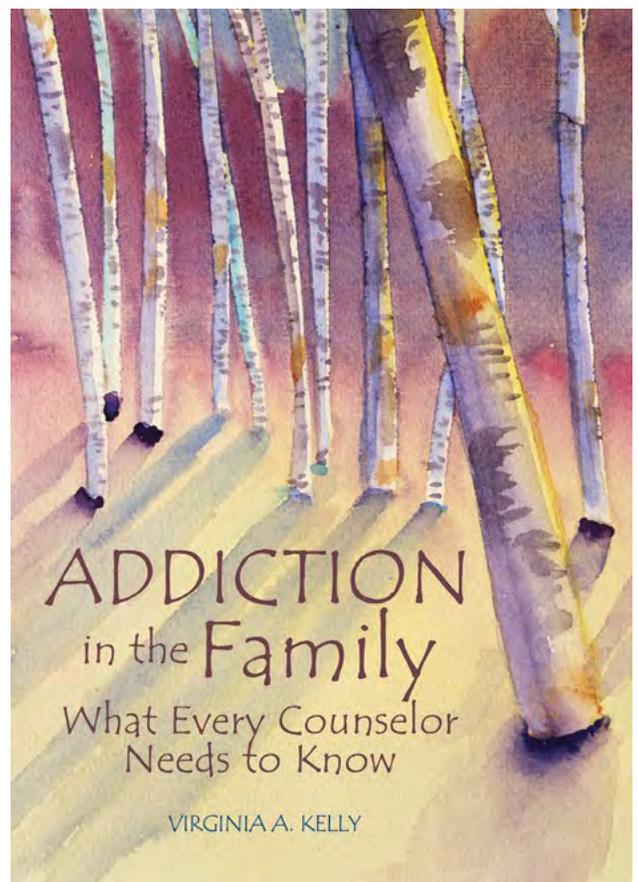
Published September 2016

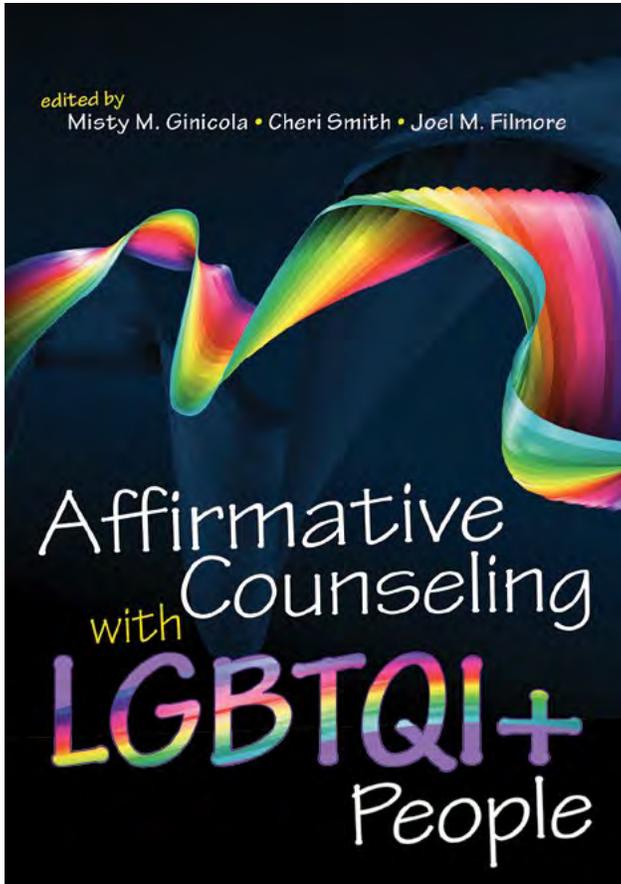
ISBN: 978-1-55620-334-3

208 pages

\$39.96 Member price

\$49.95 Non-member price





Affirmative Counseling With LGBTQI+ People

EDITED BY MISTY M. GINICOLA, CHERI SMITH, AND JOEL M. FILMORE

This current and comprehensive handbook will guide educators, students, and clinicians in developing the awareness, knowledge, and skills necessary to work effectively with LGBTQI+ populations. Twenty-five chapters written by experts in the field provide direction for working with clients in an authentic, ethical, and affirmative manner that is tailored to their individual strengths, needs, and identity.

Published January 2017

ISBN: 978-1-55620-355-8

416 pages

\$58.36 Member price

\$72.95 Non-member price

Topic: LGBTQ



Annual Review of Addictions and Offender Counseling Volume 5

EDITED BY TREVOR J. BUSER, ROCHELLE CADE, AND DILANI M. PERERA

The Annual Review of Addictions and Offender Counseling, Volume V: New Directions in Research and Practice is the fifth volume in a series of peer-reviewed edited books sponsored by the International Association of Addictions and Offender Counselors (IAAOC), a division of the American Counseling Association (ACA). Continuing the mission of earlier volumes, this book provides a forum for publications addressing a broad array of topics in the field of addictions and offender counseling.

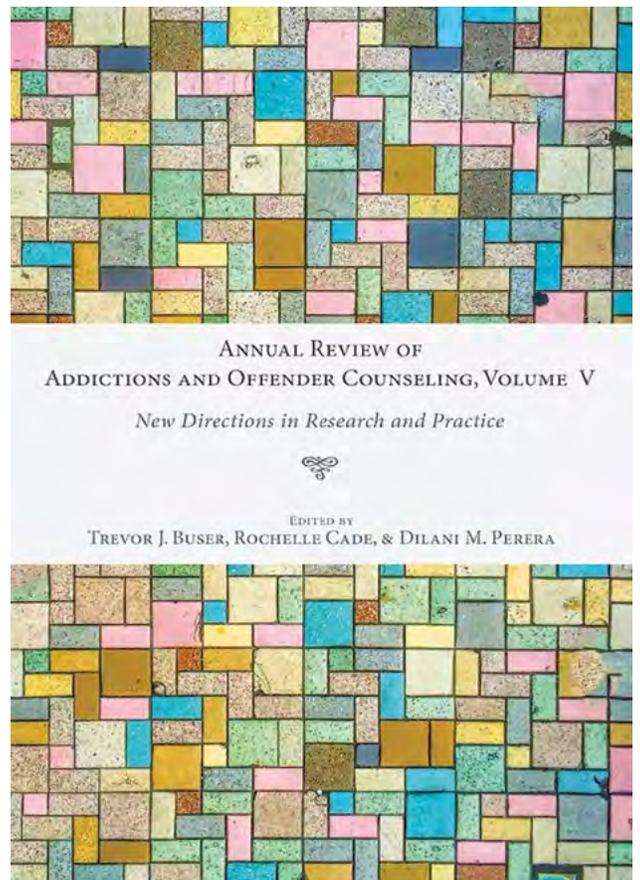
Published November 2022

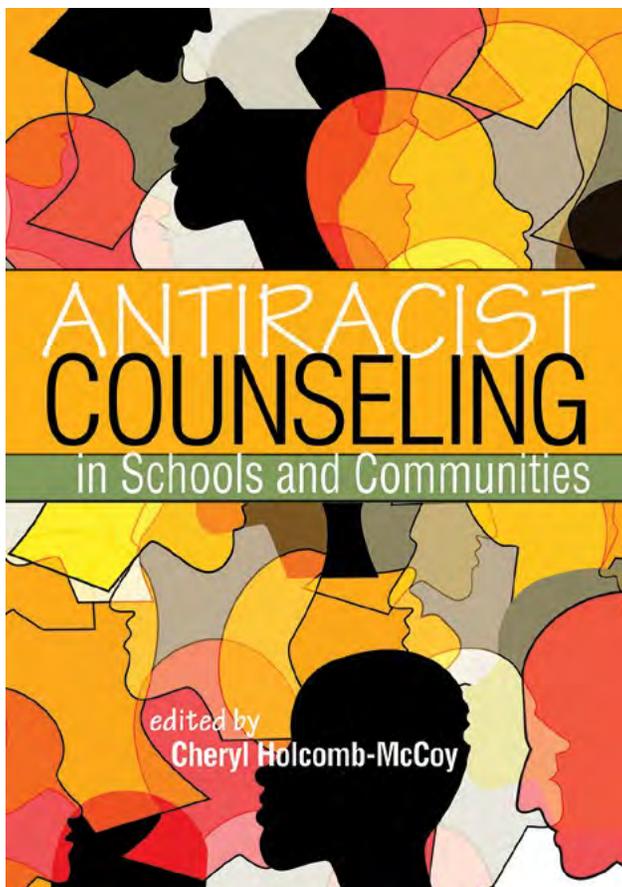
ISBN: 978-1-6667-3051-7

270 pages

\$25.60 Member price

\$32.00 Non-member price





Antiracist Counseling in Schools and Communities

EDITED BY CHERYL HOLCOMB-MCCOY

This book builds on social justice and multicultural counseling research and operationalizes what counselors need to know and do to combat systemic racism. Readers will learn how to define an antiracist approach to their work and behavior; proactively address racial incidents in schools; create college and career readiness systems for students of color; and apply antiracist perspectives to K-12 counseling practice, counselor professional development, school-family-community partnerships, counselor training programs, and counseling supervision. Practical appendixes include a professional development tool for critical self-reflection and an antiracist syllabus review protocol.

Published November 2021

ISBN: 978-1-55620-409-8

272 pages

\$47.16 Member price

\$58.95 Non-member price



Becoming a Counselor: The Light, the Bright, the Serious 3rd Edition

SAMUEL T. GLADDING

This book contains 156 personal, heart-warming, and often humorous vignettes from one of the most productive leaders and authors in the field. Readers get a firsthand look at Dr. Samuel Gladding's successes and setbacks from childhood to older adulthood in 17 sections covering significant life milestones, such as family-of-origin influences; education; peer relationships; skill acquisition; professional growth, rejection, happenstance, and achievement; clinical challenges; multicultural competence; and life and career transitions. The process of becoming a counselor is demystified and humanized, making this an excellent resource for practicum and internship classes.

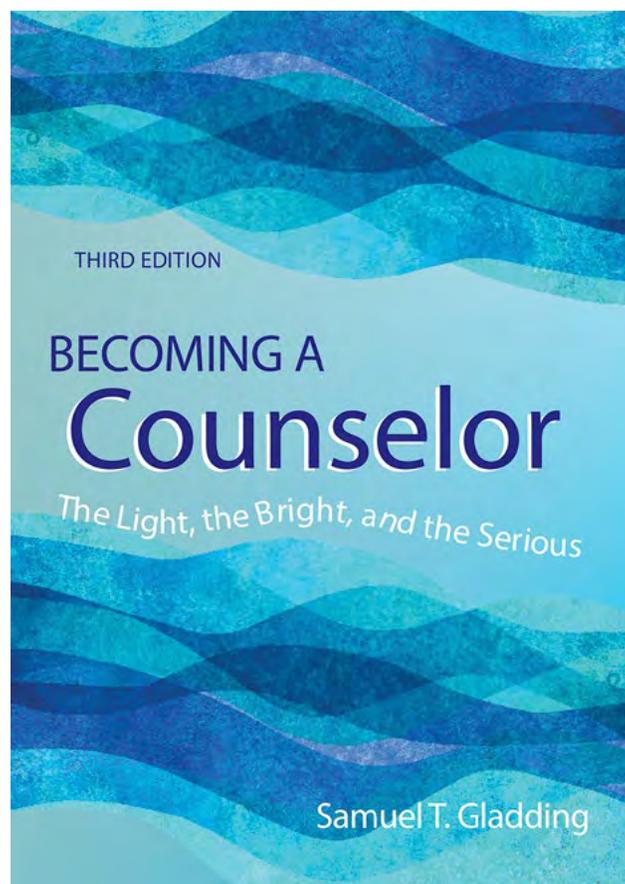
Published April 2021

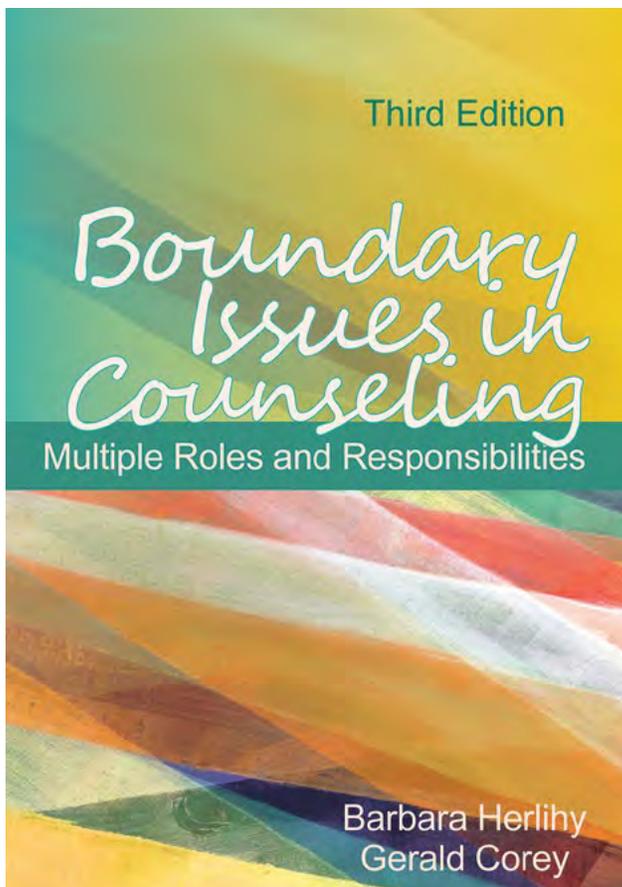
ISBN: 978-1-55620-412-8

408 pages

\$38.36 Member price

\$47.95 Non-member price





Boundary Issues in Counseling: Multiple Roles and Responsibilities, 3rd Edition

BARBARA HERLIHY AND GERALD COREY

This highly regarded book is essential reading for counselors struggling to find a clear personal position on the range of issues and questions that can arise with multiple relationships. It is also an ideal supplemental text for courses in ethics and professional practice, as well as for practicum and internship seminars to train the next generation of counselors.

Published February 2015

ISBN: 978-1-55620-322-0

344 pages

\$44.95 Member price

\$59.95 Non-member price



Choosing the Right Counselor for You

SAMUEL T. GLADDING AND KEVIN G. ALDERSON

This concise guide is for individuals seeking a counselor for themselves or others. It contains a treasure trove of information for the public on the nuts and bolts of counseling in an easy-to-read, question and answer format. Chapter topics include how to know when to seek help and what kinds of issues counselors assist with; the differences between individual, group, couples, family, and online counseling; the various theoretical approaches to counseling and how to choose; how to find a competent counselor; what questions you should ask before scheduling your first appointment; and how to determine if counseling is working.

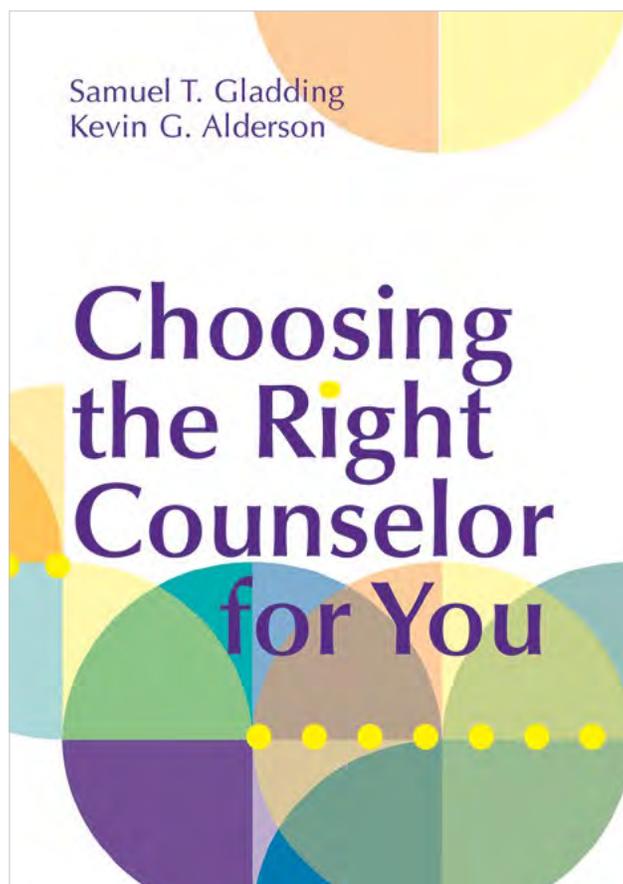
Published January 2019

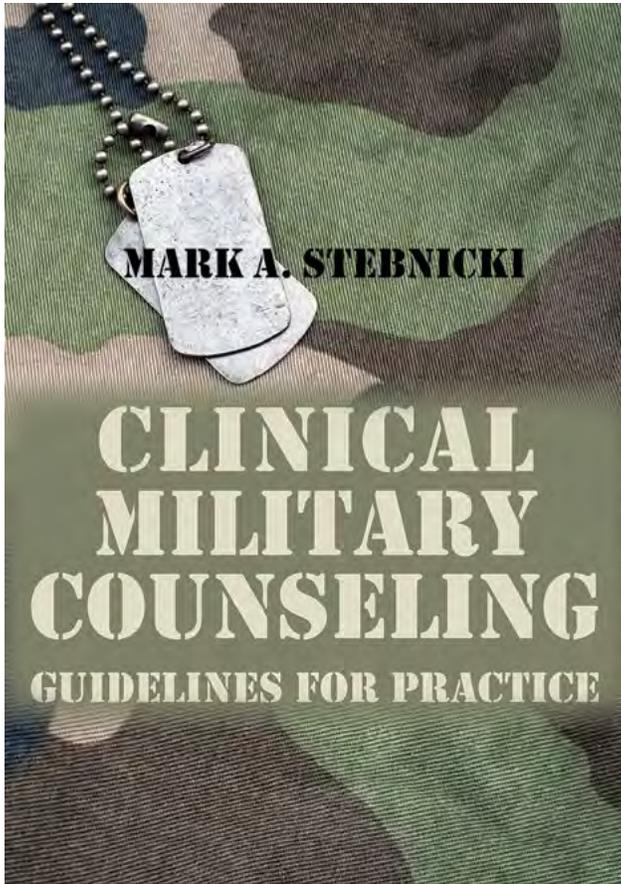
ISBN: 978-1-55620-390-9

136 pages

\$11.96 Member price

\$14.95 Non-member price





Clinical Military Counseling: Guidelines for Practice

MARK A. STEBNICKI

Clinical Military Counseling provides current research and ethical practice guidelines for the assessment, diagnosis, and mental health treatment of active-duty service members, veterans, and military families in a 21st-century multicultural environment. Author Mark Stebnicki discusses contemporary military culture; the medical and psychosocial aspects of military health, including the neuroscience of military stress and trauma; suicide; chronic illnesses and disability; and blast and traumatic brain injuries.

Published August 2020

ISBN: 978-1-55620-399-2

352 pages

\$48.95 Member price

\$65.95 Non-member price



Clinical Supervision in the Helping Professions: A Practical Guide, 3rd Edition

GERALD COREY, ROBERT HAYNES, PATRICE MOULTON, MICHELLE MURATORI

This user-friendly guide is for students, prelicensed professionals, and practicing supervisors seeking the knowledge and skills necessary to effectively supervise others. It is an ideal resource for practicum, fieldwork, and internship seminars across the mental health professions, and the contemporary case examples, authors' personal perspectives, and insightful vignettes from 45 contributing authors offer a unique glimpse at key issues in the theory and practice of supervision.

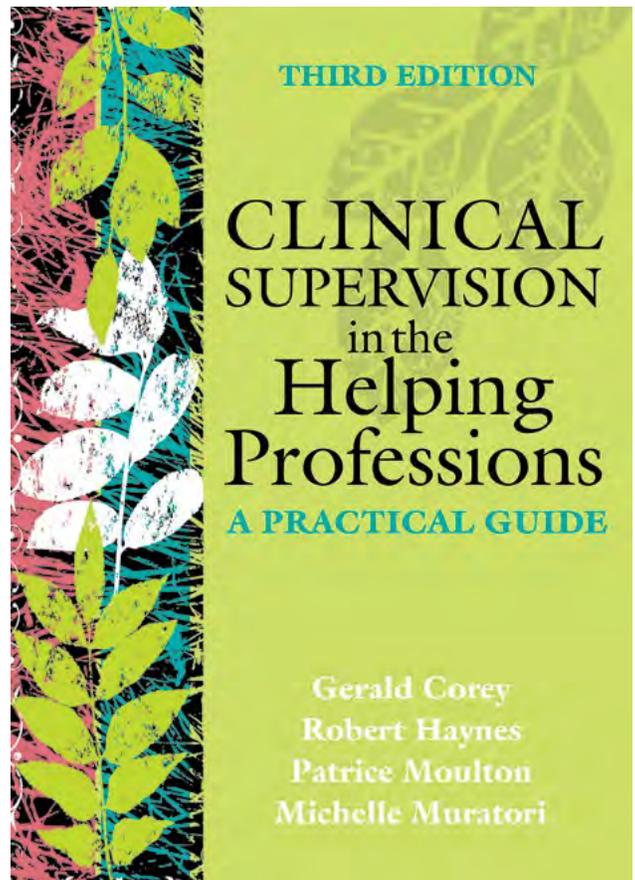
Published October 2020

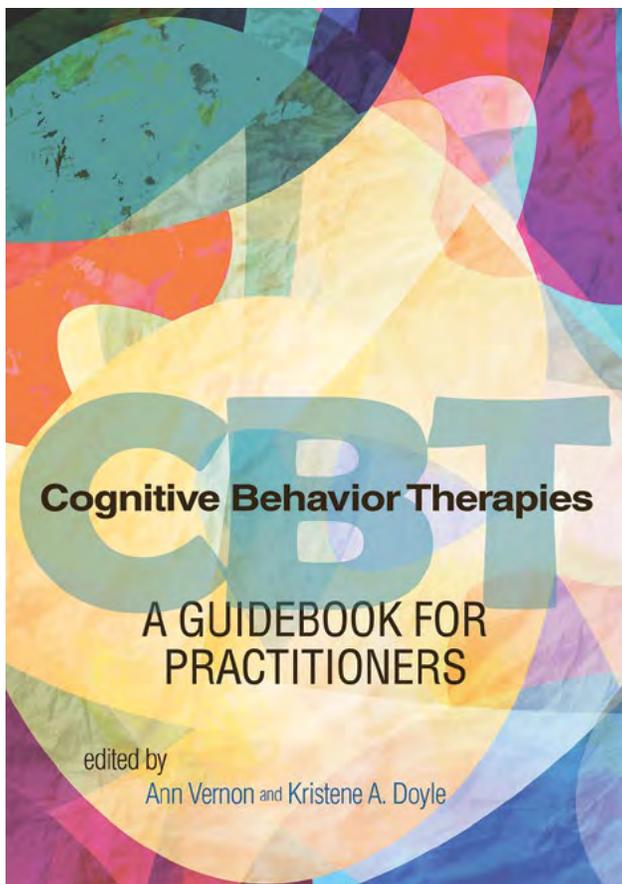
ISBN: 978-1-55620-403-6

344 pages

\$59.96 Member price

\$74.95 Non-member price





Cognitive Behavior Therapies: A Guidebook for Practitioners

EDITED BY ANN VERNON AND KRISTENE A. DOYLE

This comprehensive book showcases different approaches to cognitive behavior therapy (CBT) and focuses on the implementation of these various theories in real-world practice. Following an overview of cognitive therapy, practitioners and scholars discuss behavior therapy, cognitive therapy, rational emotive behavior therapy, multimodal therapy, acceptance and commitment therapy, dialectical behavior therapy, and mindfulness.

Published September 2017

ISBN: 978-1-55620-367-1

344 pages

\$47.96 Member price

\$59.95 Non-member price



College Counseling and Student Development: Theory, Practice, and Campus Collaboration

EDITED BY DERRICK A. PALADINO, LAURA M. GONZALEZ, AND
JOSHUA C. WATSON

In response to the increasing demand for mental health services on campus, this comprehensive college counseling handbook provides strategies for clinical and support services work with diverse student populations. Written from a holistic, sociocultural perspective for future and current professionals, it brings together information and resources on cultivating counseling and student affairs connections to create a climate that encourages student mental health and wellness.

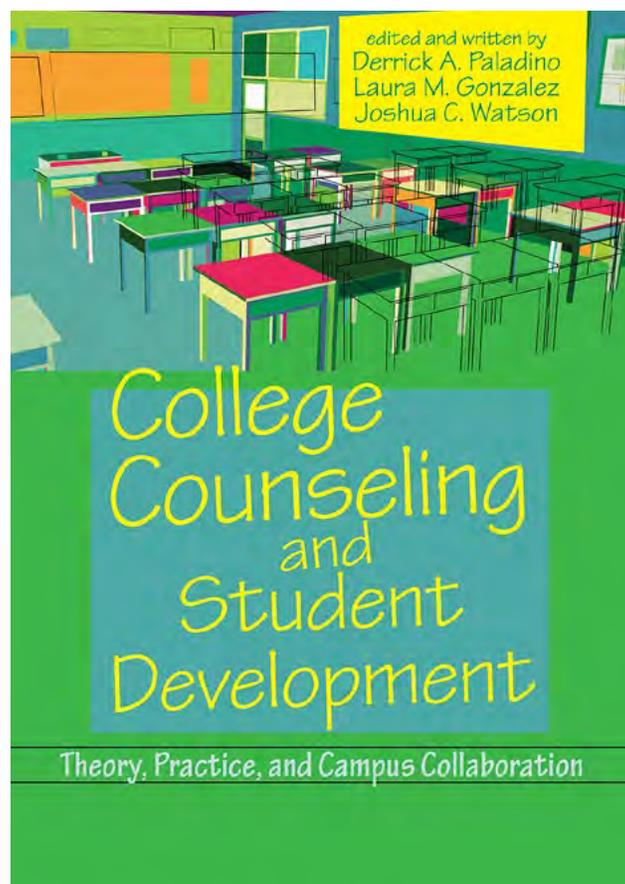
Published February 2020

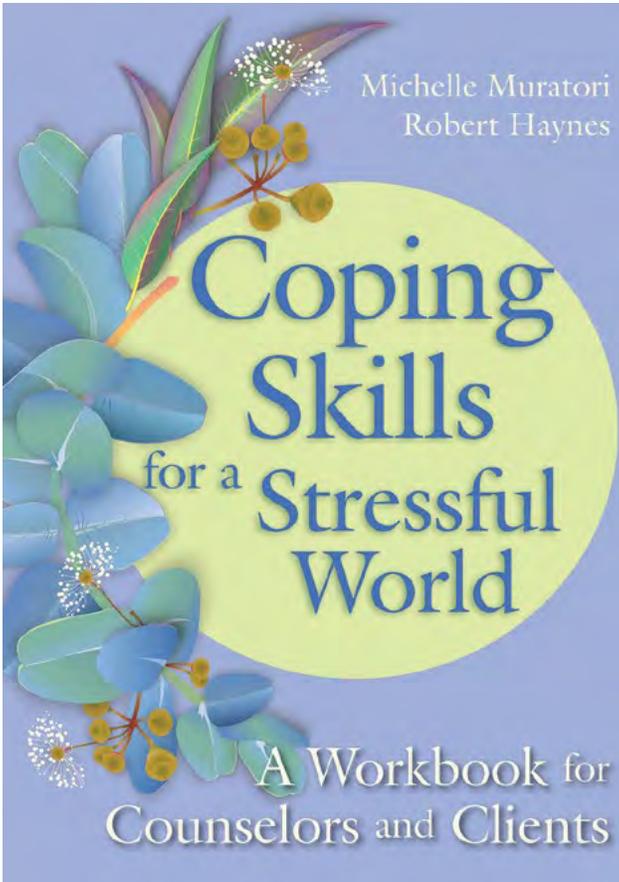
ISBN: 978-1-55620-380-0

488 pages

\$59.96 Member price

\$74.95 Non-member price





Coping Skills for a Stressful World: A Workbook for Counselors and Clients

MICHELLE MURATORI AND ROBERT HAYNES

This comprehensive counseling tool kit for stress management provides clinicians with hundreds of client exercises and activities. Representing a variety of therapeutic approaches, this workbook offers creative techniques for helping clients handle traditional concerns, including anxiety, depression, anger, and grief in addition to heightened present-day issues, such as natural and human-made disasters, the misuse of social media, political divisiveness, social injustice, and mass shootings and other violence.

Published March 2020

ISBN: 978-1-55620-389-3

224 pages

\$50.36 Member price

\$62.95 Non-member price



Counseling and Psychotherapy: Theories and Interventions, 7th Edition

EDITED BY DAVID CAPUZZI AND MARK D. STAUFFER

This foundational text offers dynamic and fresh perspectives on theories across the helping professions to help guide client case conceptualization and therapeutic transformation. A diverse group of topical experts provides contemporary insight on the following theories: relational-cultural, psychodynamic, Jungian, Adlerian, existential, person-centered, Gestalt, cognitive behavioral, third-wave cognitive behavioral, rational emotive, reality therapy/choice, family, feminist, constructivist, and emotion-focused theories, as well as creative approaches to counseling used in a variety of theoretical models.

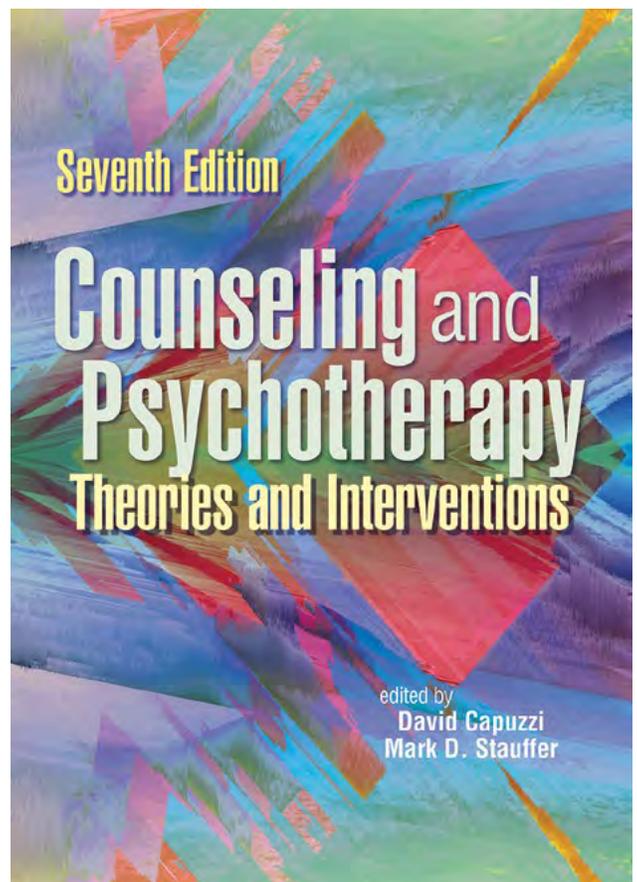
Published April 2022

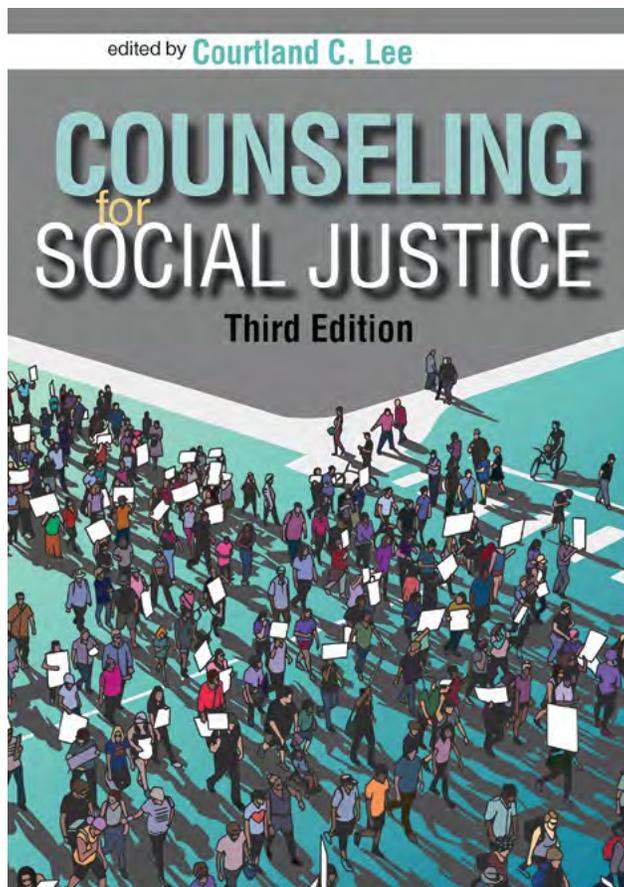
ISBN: 978-1-55620-410-4

472 pages

\$70.36 Member price

\$87.95 Non-member price





Counseling for Social Justice, 3rd Edition

EDITED BY COURTLAND C. LEE

Thought leaders examine social justice counseling from a global perspective in the latest edition of this pioneering book. Part 1 examines the historical and contemporary context of social justice counseling. Part 2 presents ideas for promoting social justice and challenging oppression and marginalization with individual clients and communities. Topics in this section include perspectives on peace, violence, and conflict; recommendations for global initiatives in school counseling; advocacy for decent work; promoting gender equity; fighting racism; and implementing social action strategies with LGBTQ+ communities, older people, people with disabilities, and undocumented immigrants.

Published May 2018

ISBN: 978-1-55620-356-5

296 pages

\$52.76 Member price

\$65.95 Non-member price



Counseling Leaders and Advocates: Strengthening the Future of the Profession

EDITED BY CASSANDRA A. STORLIE AND BARBARA HERLIHY

This text challenges readers to reflect on what they want to accomplish in their own careers and offers a behind-the-scenes look at becoming an effective leader and advocate. The authors provide information essential to the growth and development of counseling leaders and give newer professionals a clearer sense of what leadership and advocacy look like on the job. After a current perspective on what ethical and culturally responsive leadership entails, 13 counseling leaders—both long established and emerging and representing a wide range of cultural and intersectional backgrounds—share their unique stories in poignant personal profiles.

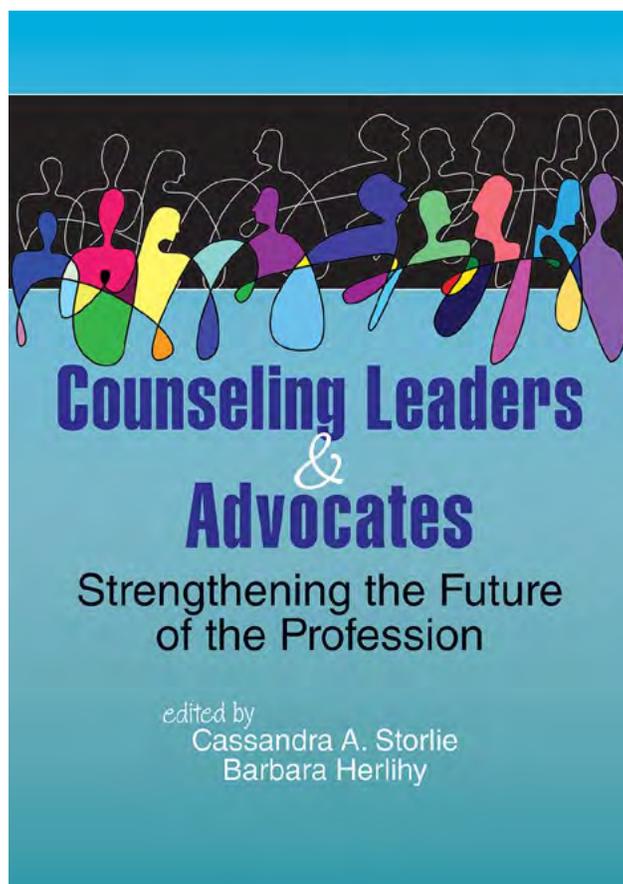
Published August 2021

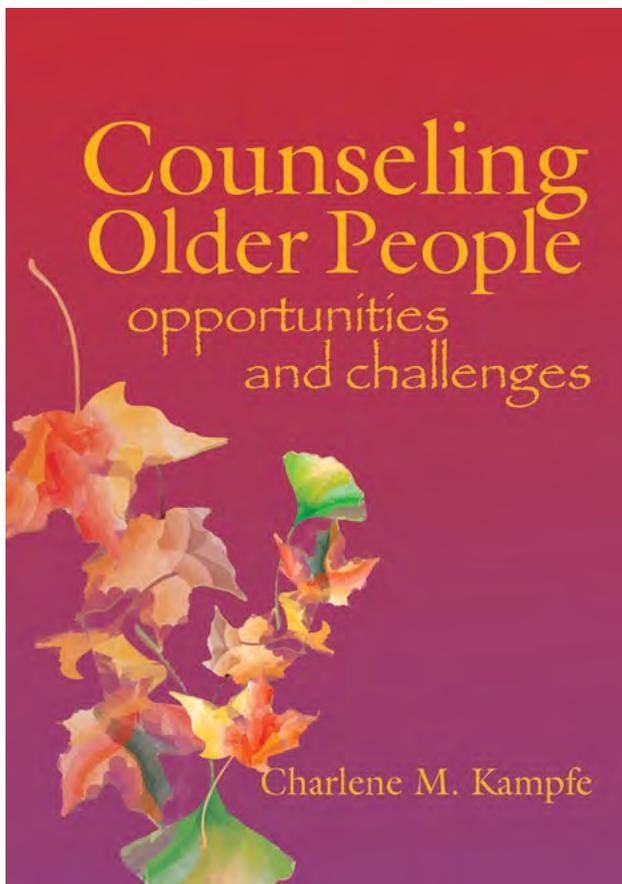
ISBN: 978-1-55620-401-2

232 pages

\$47.16 Member price

\$58.95 Non-member price





Counseling Older People: Opportunities and Challenges

CHARLENE M. KAMPFE

This book provides insight into the primary issues faced by older adults; the services and benefits available to them; and the knowledge base, techniques, and skills necessary to work effectively in a therapeutic relationship. Dr. Kampfe offers empirically and anecdotally based strategies and interventions for dealing with clients' personal concerns and describes ways counselors can advocate for older people on a systemic level. Individual and group exercises and case studies are incorporated throughout the book to enhance its practicality.

Published July 2015

ISBN: 978-1-55620-323-7

368 pages

\$38.95 Member price

\$52.95 Non-member price



Counseling Practice During Phases of a Pandemic Virus

MARK A. STEBNICKI

The coronavirus pandemic is a historical trauma that lives in the mind, body, and spirit of humankind and, as such, requires a reconceptualization of how to effectively counsel individuals, families, communities, and underserved populations now and in the years to come. This foundational book addresses the medical, physical, mental, behavioral, and psychosocial health needs of adults, adolescents, and children as they experience increases in anxiety, depression, stress, substance use disorders, and suicidality due to the pandemic.

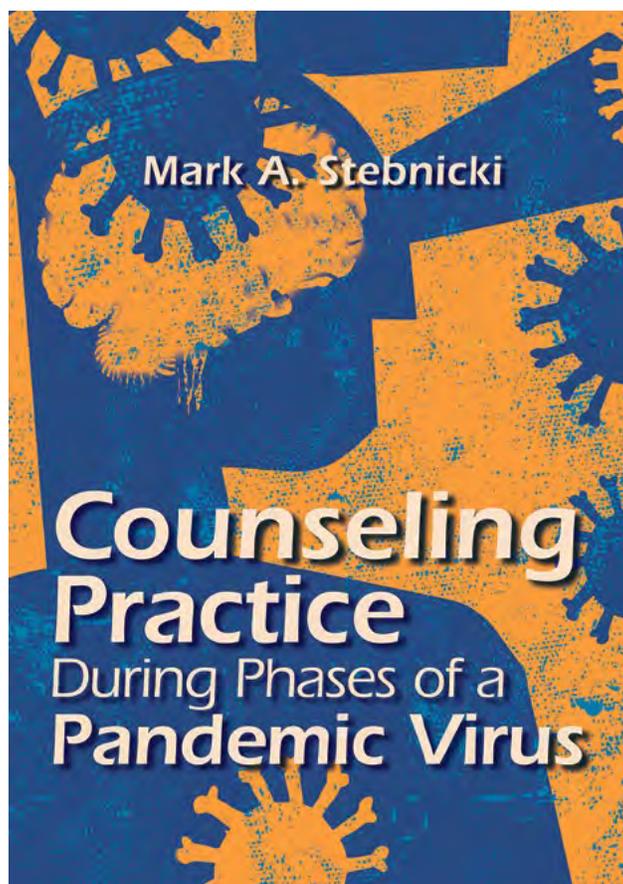
Published July 2021

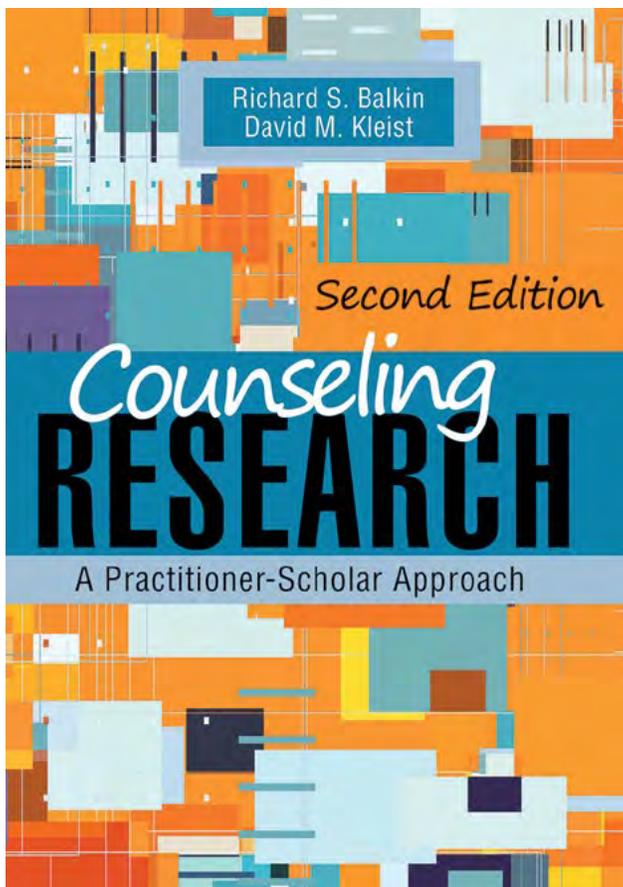
ISBN: 978-1-55620-408-1

264 pages

\$34.36 Member price

\$42.95 Non-member price





Counseling Research: A Practitioner-Scholar Approach, 2nd Edition

RICHARD S. BALKIN AND DAVID M. KLEIST

This widely adopted and accessible introductory text for counselors-in-training and emerging researchers provides a foundational understanding of the primary research methods used in counseling and how these concepts can be applied to research design. Writing in a clear and conversational tone, the authors emphasize the importance of ethics and multicultural issues in informing research, demonstrate a professional counselor identity within the framework of research, and outline specific evidence-based and empirically supported findings for counseling practice.

Published October 2022

ISBN: 978-1-55620-407-4

384 pages

\$63.16 Member price

\$78.95 Non-member price



Counselor Education in the 21st Century: Issues and Experiences

EDITED BY JANE E. ATIENO OKECH AND DEBORAH J. RUBEL

This distinctive text provides master's- and doctoral-level students, as well as new professionals, with a thorough exploration of the range of responsibilities, working conditions, roles, evaluation criteria, benefits, and challenges experienced by counselor educators. Each chapter focuses on a key aspect of the field, including teaching; supervision; mentoring; gate-keeping; research and grant writing; tenure; adjunct, part-time, and nontenured positions; program administration; leadership; and collegiality and wellness. Case vignettes and personal narratives from counselor educators are engaging and informative, and literature reviews are useful for introducing students to the material covered.

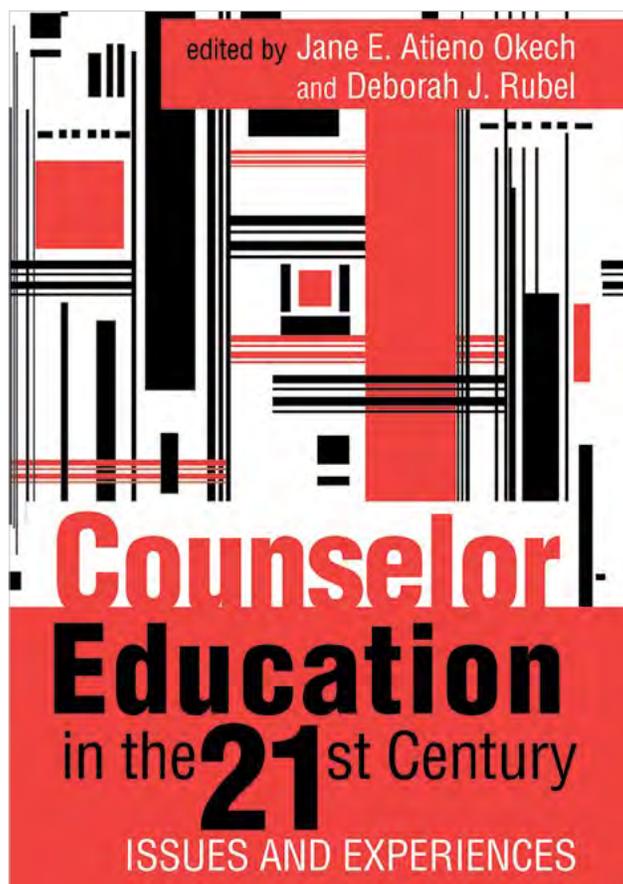
Published June 2019

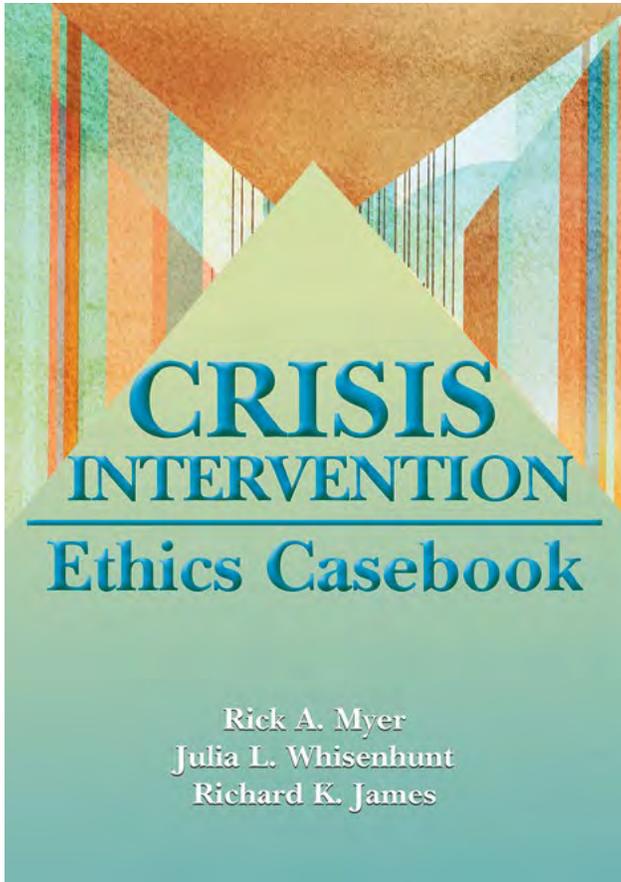
ISBN: 978-1-55620-376-3

256 pages

\$47.16 Member price

\$58.95 Non-member price





Crisis Intervention Ethics Casebook

RICK A. MYER, JULIA L. WHISENHUNT, AND RICHARD K. JAMES

The fast-paced, unpredictable, and high-risk nature of crisis intervention creates critical ethical dilemmas that can result in personal harm and professional liability if not handled appropriately. Applying a traditional model of ethical decision-making is often impractical when time is limited and decisions must be made quickly. This counseling tool kit offers a new operational approach for integrating ethical decision-making in crisis intervention. Following detailed discussions of crisis intervention within the framework of relational-cultural theory, a triage assessment system, and an original ethical decision-making protocol, nine diverse case studies in hospital, telebehavioral health, school, clinical, and public settings are presented.

Published November 2021

ISBN: 978-1-55620-396-1

292 pages

\$50.95 Member price

\$72.95 Non-member price



Critical Incidents in Counselor Education: Teaching, Supervision, Scholarship, Leadership, and Advocacy

EDITED BY JACQUELINE M. SWANK AND CASEY A. BARRIO MINTON

In this textbook, prominent counselor educators provide guidance on key aspects of counselor education through case incidents in which an educator, student, supervisor, supervisee, researcher, or leader in the field is facing an ethical, moral, legal, or professional dilemma. Forty diverse case scenarios spanning four CACREP Standard domains for doctoral programs focus on real-world application of theories, concepts, and techniques.

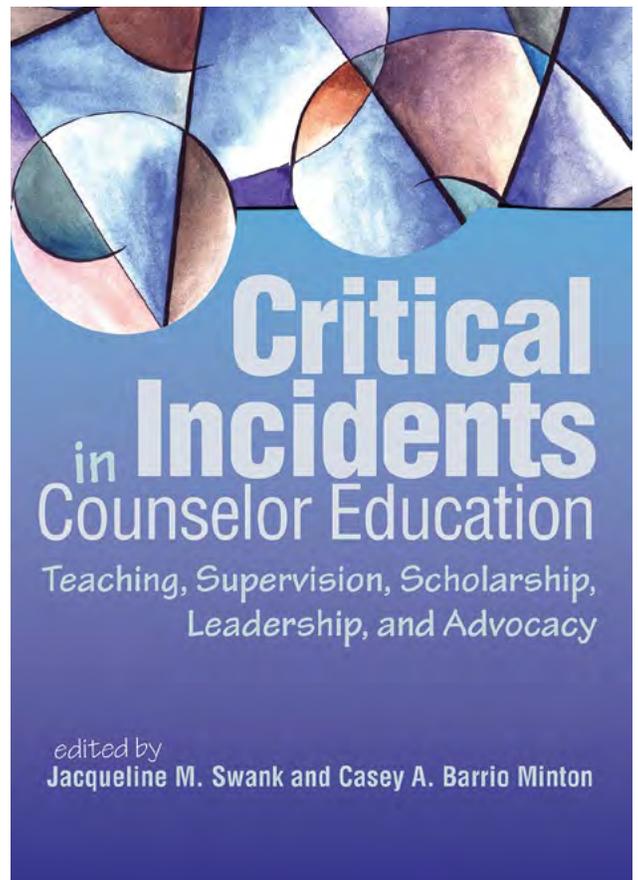
Published November 2021

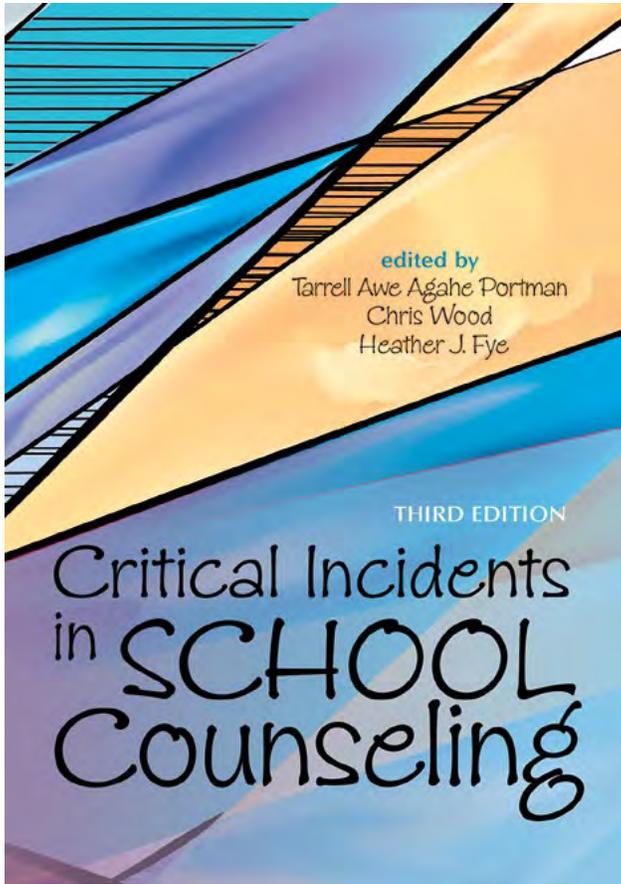
ISBN: 978-1-55620-402-9

400 pages

\$46.36 Member price

\$57.95 Non-member price





Critical Incidents in School Counseling, 3rd Edition

TARRELL AWE AGAHE PORTMAN, CHRIS WOOD, AND HEATHER J. FYE

This practical text explores contemporary case scenarios that arise in school counseling with children and adolescents. Throughout 30 chapters on a diverse range of topics, several school counseling experts analyze and discuss each incident from a best practices perspective. Topics are organized around the CACREP Standards and incidents include a list of related supplemental readings, online resources, and suggested learning activities. Issues explored include trauma, drug use, pregnancy, cyberbullying, suicide, gangs, parental conflicts, sexual orientation, third-culture students, student career development, and ethical and professional dilemmas.

Published March 2019

ISBN: 978-1-55620-347-3

320 pages

\$43.96 Member price

\$54.95 Non-member price



Disaster Mental Health Counseling: A Guide to Preparing and Responding, 4th Edition

EDITED BY JANE M. WEBBER AND J. BARRY MASCARI

This timely book provides current research and skill-building information on Disaster Mental Health Counseling for counselors, educators, students, and mental health responders in agencies, schools, universities, and private practice. Recognized experts in the field detail effective clinical interventions with survivors in the immediate, intermediate, and long-term aftermath of traumatic events.

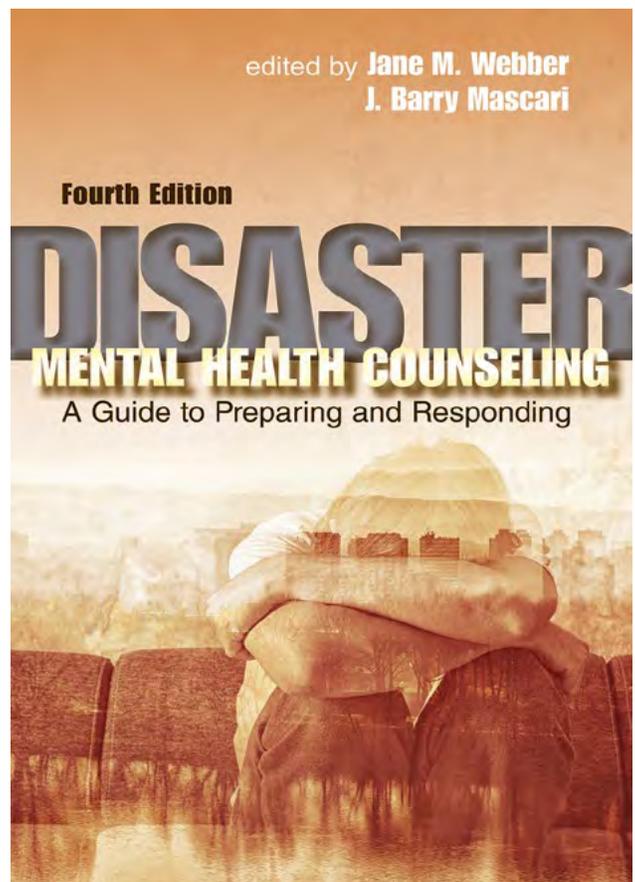
Published February 2018

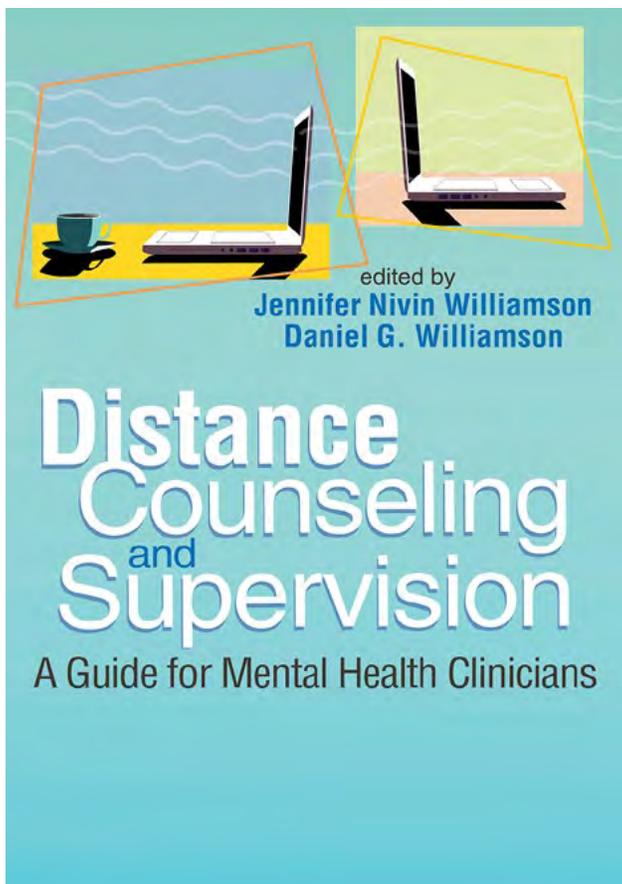
ISBN: 978-1-55620-361-9

400 pages

\$51.96 Member price

\$64.95 Non-member price





Distance Counseling and Supervision: A Guide for Mental Health Clinicians

EDITED BY JENNIFER NIVIN WILLIAMSON AND DANIEL G. WILLIAMSON

This landmark primer in telebehavioral health addresses the functional elements of technology-assisted therapy with individuals, couples, and families. Leaders and innovators in the field contribute unique perspectives to help students and practitioners prepare for and productively engage in virtual counseling and supervision. Using reader-friendly language, the authors discuss ethical, legal, regulatory, and practical considerations for using the right technology in secure and confidential ways to best serve clients and supervisees.

Published December 2020

ISBN: 978-1-55620-393-0

232 pages

\$52.76 Member price

\$65.95 Non-member price



Evaluating Student Learning Outcomes in Counselor Education

CASEY A. BARRIO MINTON, DONNA M. GIBSON, AND CARRIE A. WACHTER MORRIS

This timely text describes the role of program evaluation in counselor education and provides step-by-step guidance for faculty seeking to develop comprehensive Student Learning Outcome (SLO) evaluation plans to meet accountability expectations. It serves as a blueprint for demystifying the SLO process and making the switch from an input-based measure of productivity that focuses on what counseling programs do, to an outcome-based approach that concentrates on the quality of learning through evidence-based assessment of students' knowledge and skills.

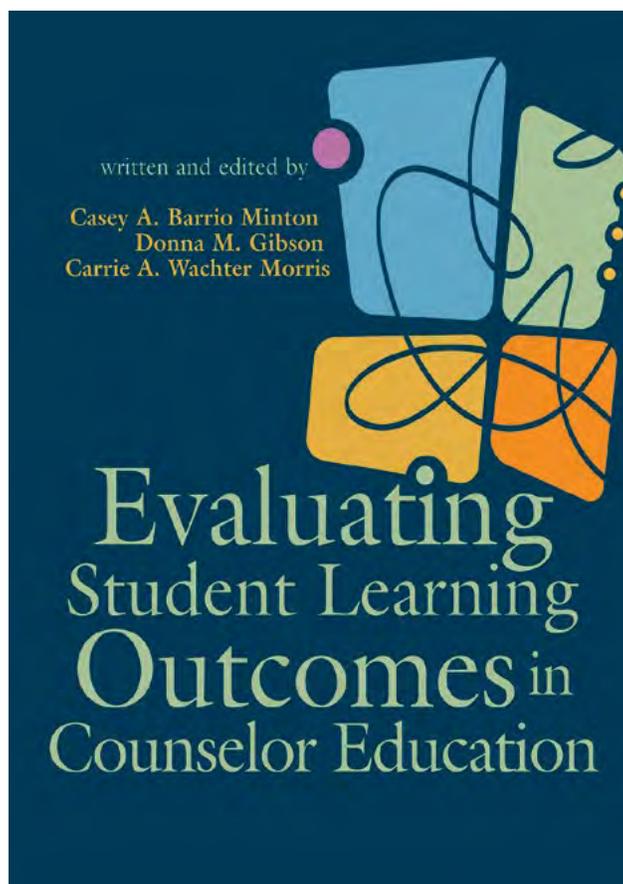
Published December 2016

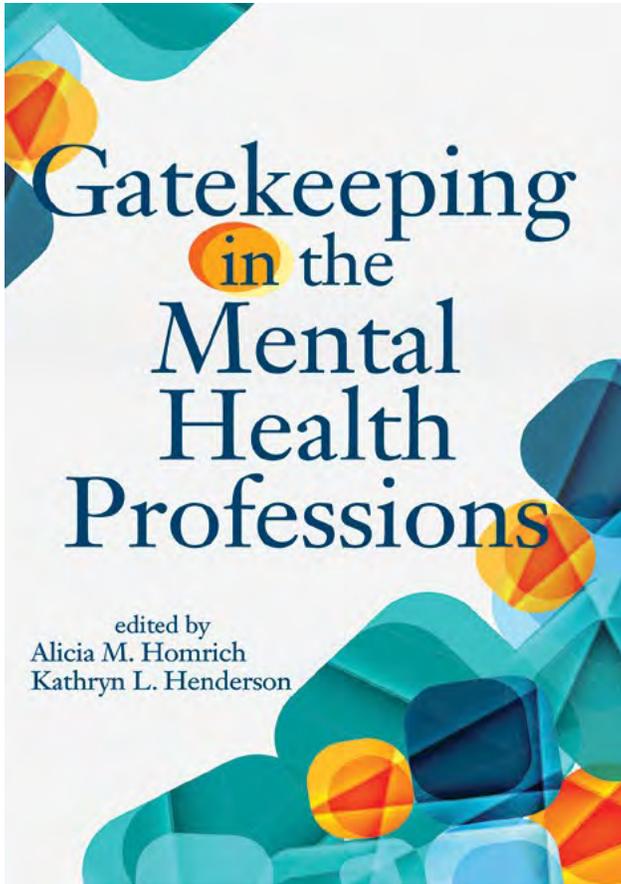
ISBN: 978-1-55620-337-4

336 pages

\$51.96 Member price

\$64.95 Non-member price





Gatekeeping in the Mental Health Professions

EDITED BY ALICIA M. HOMRICH AND KATHRYN L. HENDERSON

This book guides graduate faculty and supervisors in effective gatekeeping by bringing together the body of professional performance standards for multiple mental health fields and providing best practices, tools, and templates for use with trainees. Following an introduction to the professional, ethical, and legal issues involved in gatekeeping, the authors discuss contextual factors that can affect trainee functioning.

Published May 2018

ISBN: 978-1-55620-328-2

392 pages

\$47.16 Member price

\$58.95 Non-member price



Handbook for Human Sexuality Counseling: A Sex Positive Approach

EDITED BY ANGELA M. SCHUBERT AND MARK POPE

Sexuality is a significant part of the human experience, yet it is often a neglected topic in both counselor training and the counseling process. In this preeminent guide, expert clinicians with a variety of mental health and medical backgrounds write on diverse issues related to sexuality through a radical acceptance lens. Each chapter illustrates an affirmative and expansive approach to sexuality that considers clients' sexual and cultural identities and emphasizes sexual wellness.

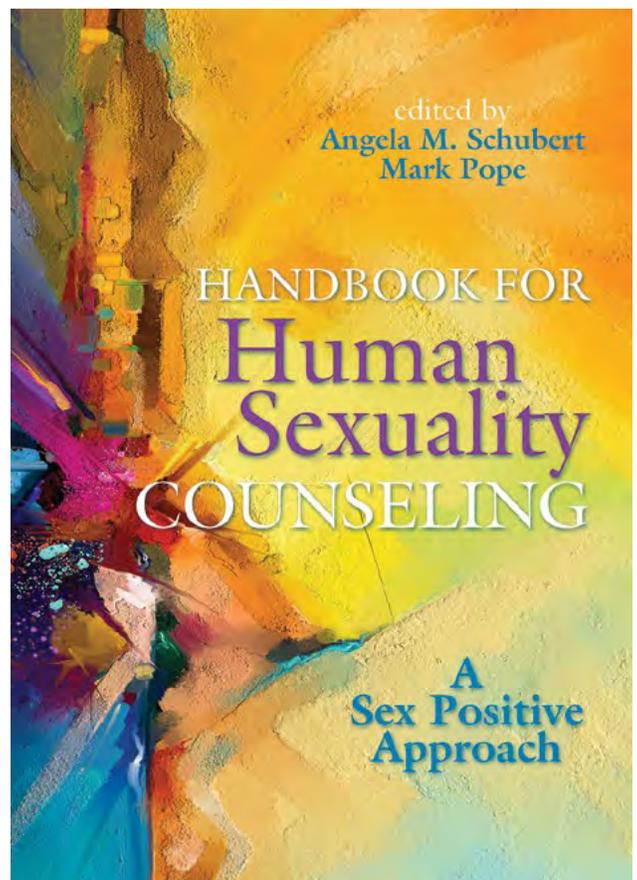
Published September 2022

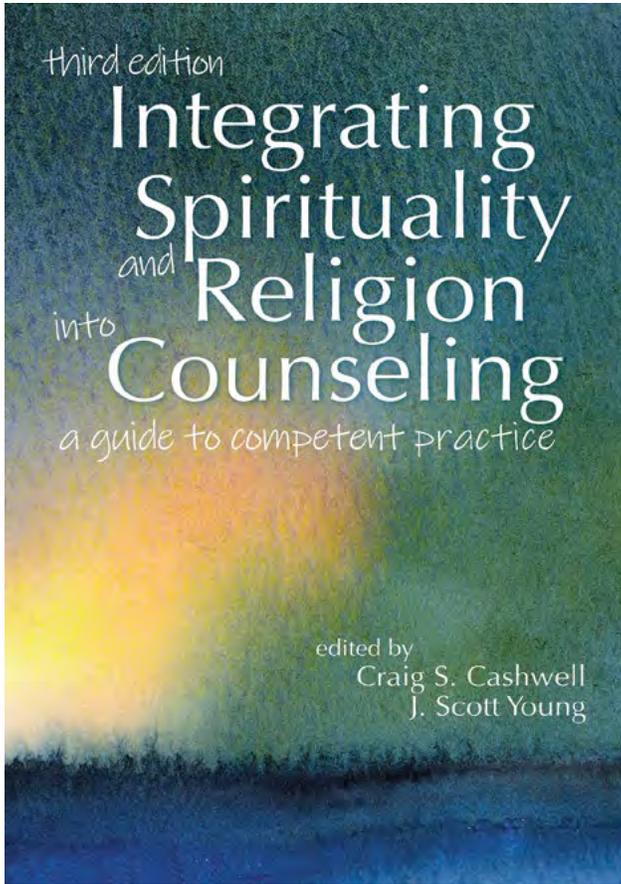
ISBN: 978-1-55620-398-5

504 pages

\$53.95 Member price

\$74.95 Non-member price





Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice, 3rd Edition

DITED BY CRAIG S. CASHWELL AND J. SCOTT YOUNG

Guided by the framework of the ASERVIC Competencies for Addressing Spiritual and Religious Issues in Counseling, this comprehensive handbook for counselors-in-training and practitioners presents a variety of in-session spiritual interventions supported by scientific research. The authors take an inclusive approach to understanding client beliefs and formulate interventions that foster therapeutic growth in individuals from diverse backgrounds. Detailed case studies and questions for reflection throughout the text are appropriate for individual or group discussions.

Published December 2019

ISBN: 978-1-55620-387-9

408 pages

\$55.16 Member price

\$68.95 Non-member price



Introduction to Crisis and Trauma Counseling

EDITED BY THELMA DUFFEY AND SHANE HABERSTROH

This introductory text integrates evidence-based models and best practices with relational-cultural theory, which is responsive to the many forms of traumatic stress and tragedies that clients experience. It is a unique contribution that emphasizes the power of the connections counselors form with clients and communities in crisis and the means by which counselors can intervene, inspire growth, and promote healing during times of tragedy and loss.

Readers will gain vital skills as they learn real-life approaches to crisis work with diverse populations in a variety of settings, including individuals, families, communities, students, military personnel, violence survivors, and clients who are suicidal.

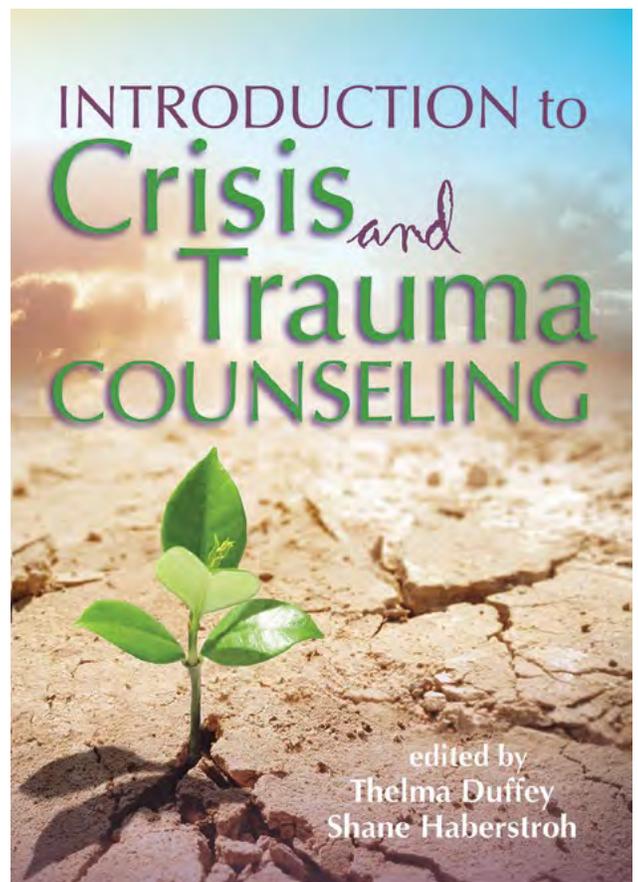
Published April 2020

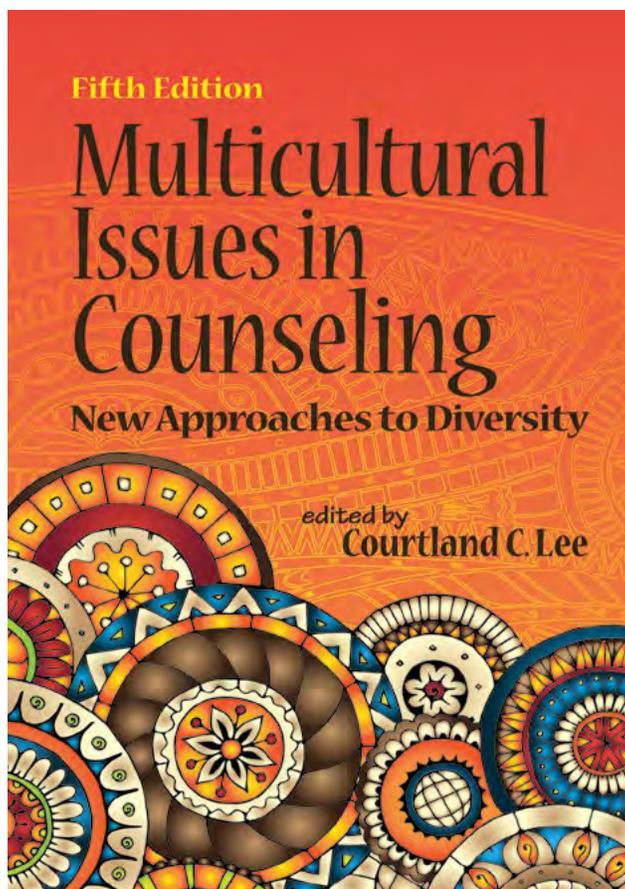
ISBN: 978-1-55620-377-0

368 pages

\$59.96 Member price

\$74.95 Non-member price





Multicultural Issues in Counseling: New Approaches to Diversity, 5th Edition

EDITED BY COURTLAND C. LEE

With an emphasis on direct application to practice, this graduate-level text offers strategies for working with diverse client groups in a variety of settings. Introductory chapters build a foundation for cross-cultural counseling with discussions on current theory, the ongoing pursuit of multicultural competence, and the complexities of intersecting identities

Published July 2019

ISBN: 978-1-55620-369-5

320 pages

\$66.36 Member price

\$82.95 Non-member price



Neuroscience-Informed Counseling With Children and Adolescents

THOMAS A. FIELD AND MICHELLE R. GHOSTON

This innovative text is the first to illustrate how neuroscience concepts can be translated and applied to counseling with children and adolescents. Drs. Field and Ghoston discuss general principles for child and adolescent counseling before examining neurophysiological development from birth to age 18. They then provide in-session examples of neuroscience-informed approaches to behavior modification, play therapy, cognitive behavior therapy, biofeedback, neurofeedback, and therapeutic lifestyle change with diverse clients in a variety of settings.

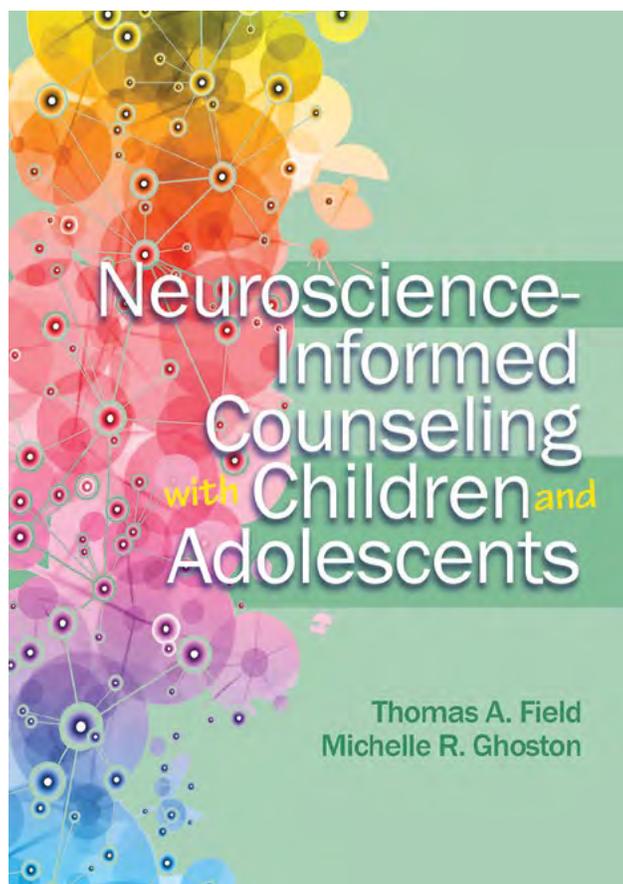
Published March 2020

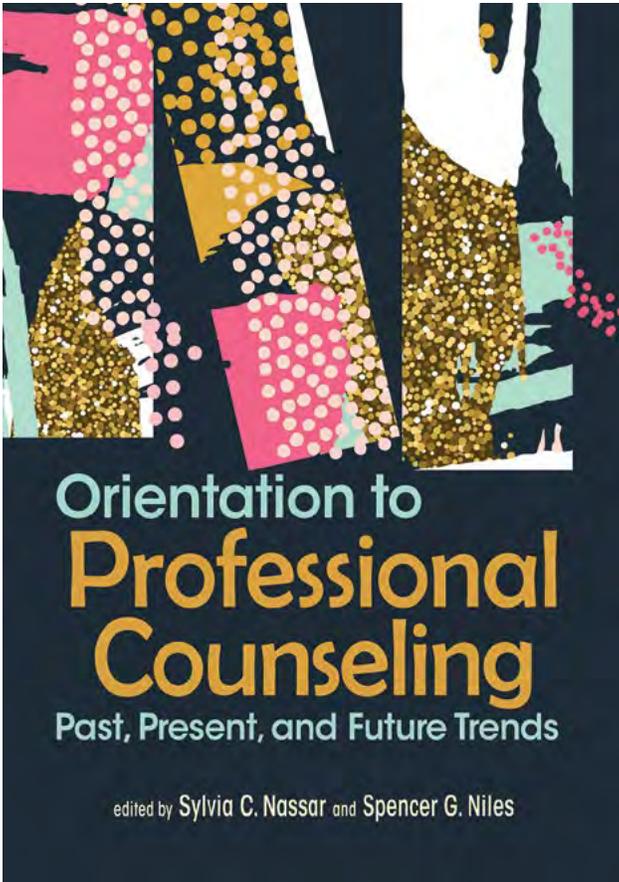
ISBN: 978-1-55620-386-2

280 pages

\$46.95 Member price

\$64.95 Non-member price





Orientation to Professional Counseling: Past, Present, and Future Trends

EDITED BY SYLVIA C. NASSAR AND SPENCER G. NILES

Ideal for use in introductory counseling courses, *Orientation to Professional Counseling* is fully aligned with the 2016 CACREP Standards and contains historical perspectives on the foundations of the profession, an overview of counseling specialties and contemporary issues in the field, and a discussion of anticipated future trends. Throughout the book, Nassar, Niles, and other counseling leaders emphasize the core content and expertise common within a unified counseling identity. To deepen practical application, chapters include learning objectives and activities, review questions, illustrative text sidebars, and “Voices From the Field.”

Published October 2018

ISBN: 978-1-55620-366-4

400 pages

\$59.96 Member price

\$74.95 Non-member price



Partners in Play: An Adlerian Approach to Play Therapy, 3rd Edition

TERRY KOTTMAN AND KRISTIN MEANY-WALEN

Play therapy expert Terry Kottman and her colleague Kristin Meany-Walen provide a comprehensive update to this spirited and fun text on integrating Adlerian techniques into play therapy. Clinicians, school counselors, and students will find this to be the definitive guide for using Adlerian strategies with children to foster positive growth and effective communication with their parents and teachers.

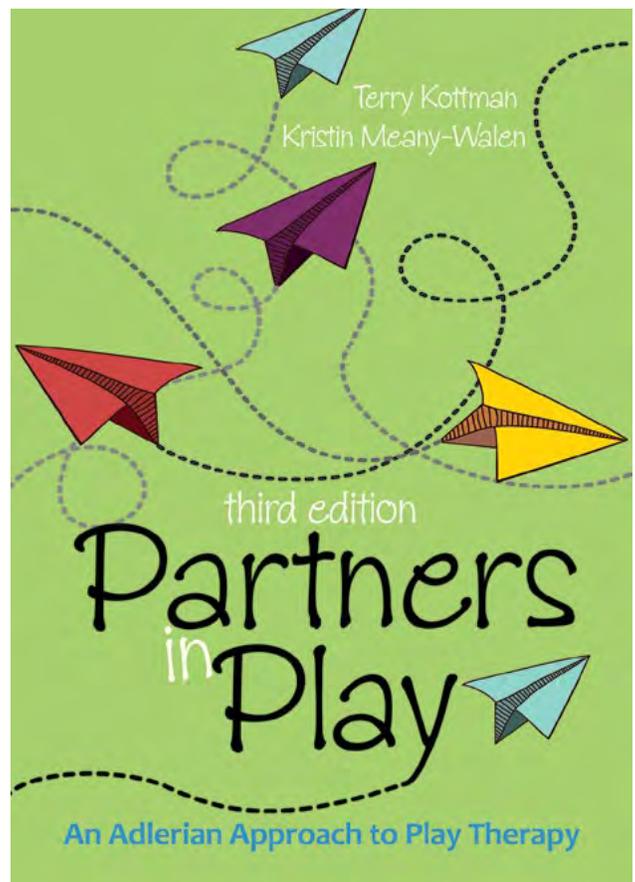
Published July 2016

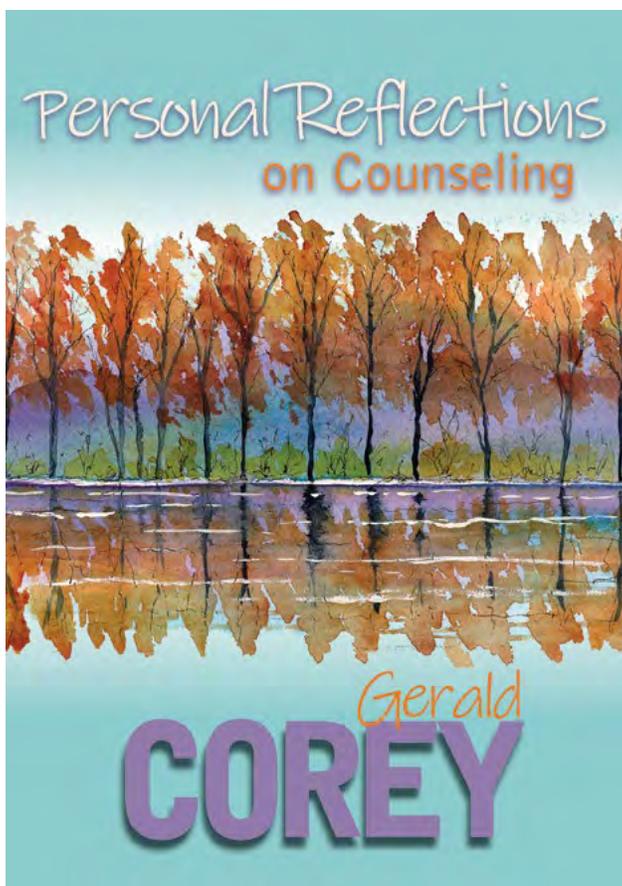
ISBN: 978-1-55620-352-7

424 pages

\$ 42.95 Member price

\$58.95 Non-member price





Personal Reflections on Counseling

GERALD COREY

In an easy-to-read, question-and-answer format, Dr. Corey provides sage insight on a broad range of topics concerning professional issues, career development, the counseling process, and work-life balance. Responding to an array of questions often asked by students over the years, he uses candid personal examples to highlight key lessons and engage readers in an active process of personal and professional self-reflection on their own journeys.

Published March 2020

ISBN: 978-1-55620-395-4

216 pages

\$15.96 Member price

\$19.95 Non-member price



Postmodern Career Counseling: A Handbook of Culture, Context, and Cases

EDITED BY LOUIS A. BUSACCA AND MARK C. REHFUSS

This practiced-based handbook describes postmodern career counseling models and methods designed to meet clients' diverse needs in today's challenging work environment. Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues, such as coping with developmental tasks, career transitions, and work traumas.

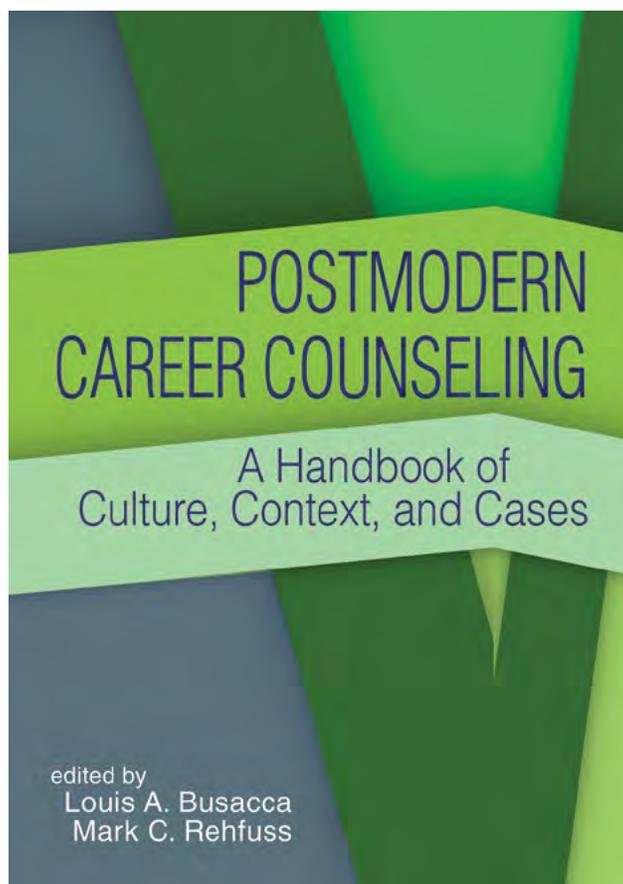
Published May 2017

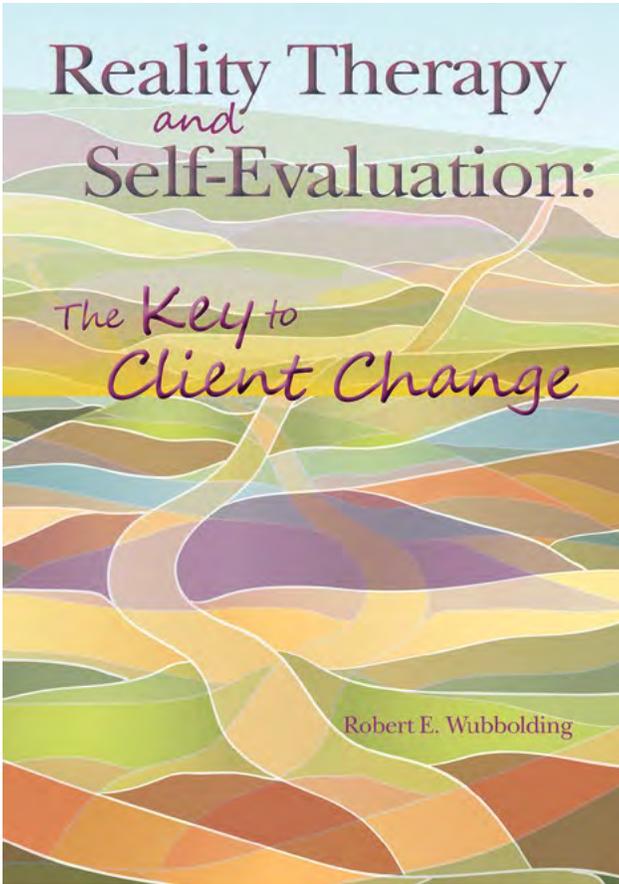
ISBN: 978-1-55620-358-9

392 pages

\$47.95 Member price

\$64.95 Non-member price





Reality Therapy and Self-Evaluation: The Key to Client Change

ROBERT E. WUBBOLDING

This unique resource discusses the core concepts of self-evaluation and the WDEP system of reality therapy, and answers the commonly asked question: “How do I intervene with clients who appear to be unmotivated to make changes in their behavior?” Choice theory/reality therapy expert Robert Wubbolding provides mental health professionals with skill-building strategies for helping clients better self-evaluate, embrace the change process, and make more effective life choices. Detailed interventions and sample counselor-client dialogues throughout the book illustrate work with clients dealing with posttraumatic stress, anger issues, grieving and loss, self-injury, antisocial behavior, career concerns, relationship problems, and more.

Published January 2017

ISBN: 978-1-55620-370-

240 pages

\$43.95 Member price

\$54.95 Non-member price



Relationships in Counseling and the Counselor’s Life

JEFFREY A. KOTTLER AND RICHARD S. BALKIN

In this engaging book, Jeffrey Kottler and Richard Balkin address common misconceptions about what works in counseling and offer suggestions for building constructive counseling relationships and facilitating positive counseling outcomes. Key aspects of the client-counselor relationship are supported by interesting examples and stories integrated with clinically useful research on counseling results.

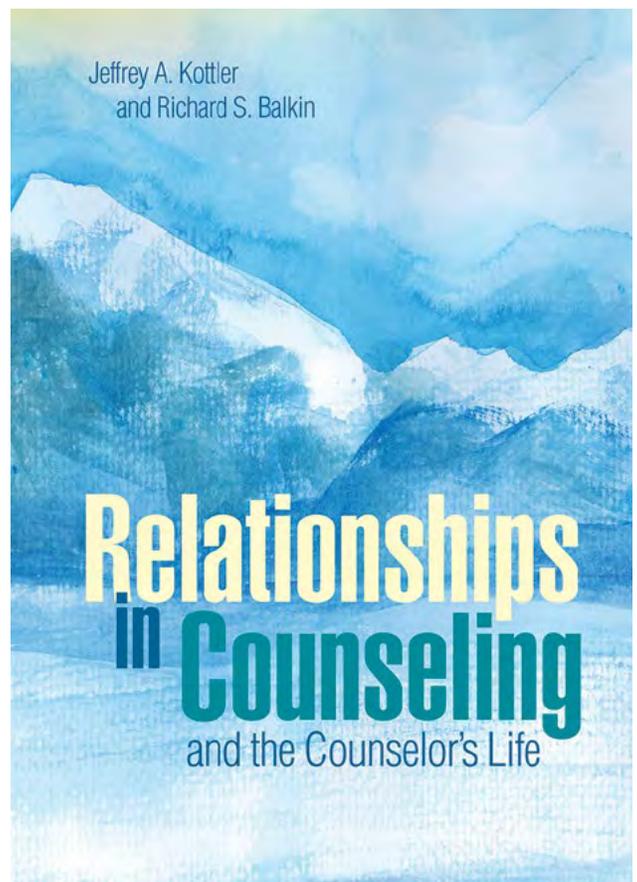
Published October 2016

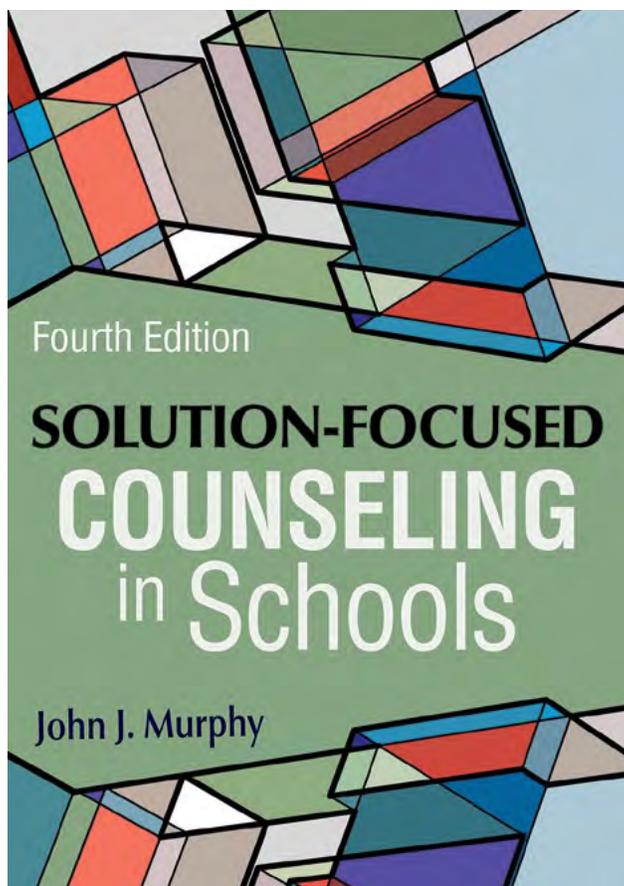
ISBN: 978-1-55620-360-2

224 pages

\$39.36 Member price

\$49.95 Non-member price





Solution-Focused Counseling in Schools, 4th Edition

JOHN J. MURPHY

This award-winning text translates the theoretical foundations of solution-focused counseling into a brief, culturally responsive approach for school counselors, psychologists, social workers, and graduate students. As an experienced practitioner and international presenter on this topic, Dr. Murphy has organized the fourth edition to reflect content offered in a comprehensive workshop on solution-focused counseling to further enhance its usefulness and presents a straightforward process for building practical solutions to some of the most challenging cases experienced in school settings.

Published September 2022

ISBN: 978-1-55620-394-7

448 pages

\$51.96 Member price

\$64.95 Non-member price



Suicide Assessment and Treatment Planning

JOHN SOMMERS-FLANAGAN AND RITA SOMMERS-FLANAGAN

This practical guide provides a holistic, wellness-oriented approach to understanding suicide and working effectively with clients who are suicidal. John and Rita Sommers-Flanagans' culturally sensitive, seven-dimension model offers new ways to collaboratively integrate solution-focused and strengths-based strategies into clinical interactions and treatment planning with children, adolescents, and adults. Each chapter contains diverse case studies and key practitioner guidance points to deepen learning in addition to a wellness practice intervention to elevate mood.

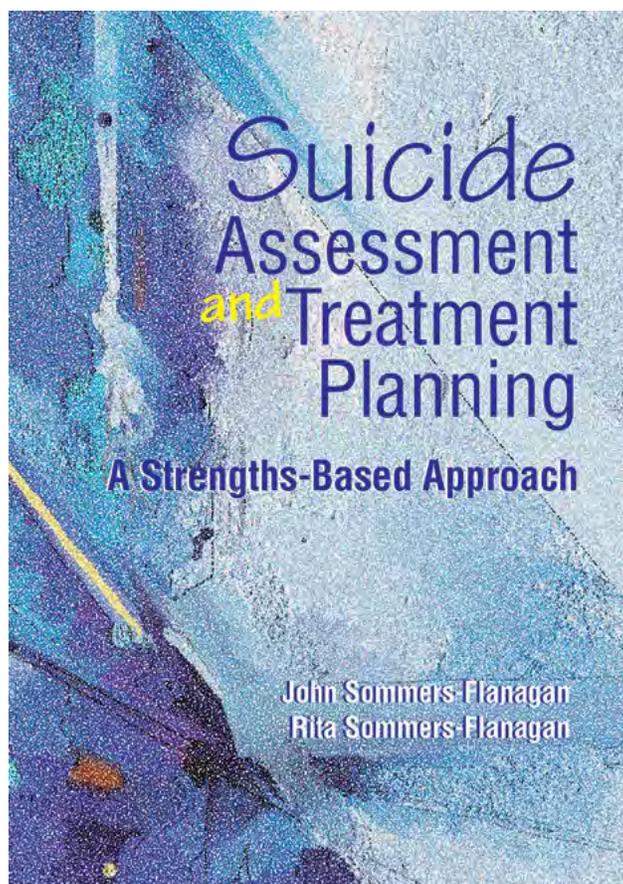
Published January 2021

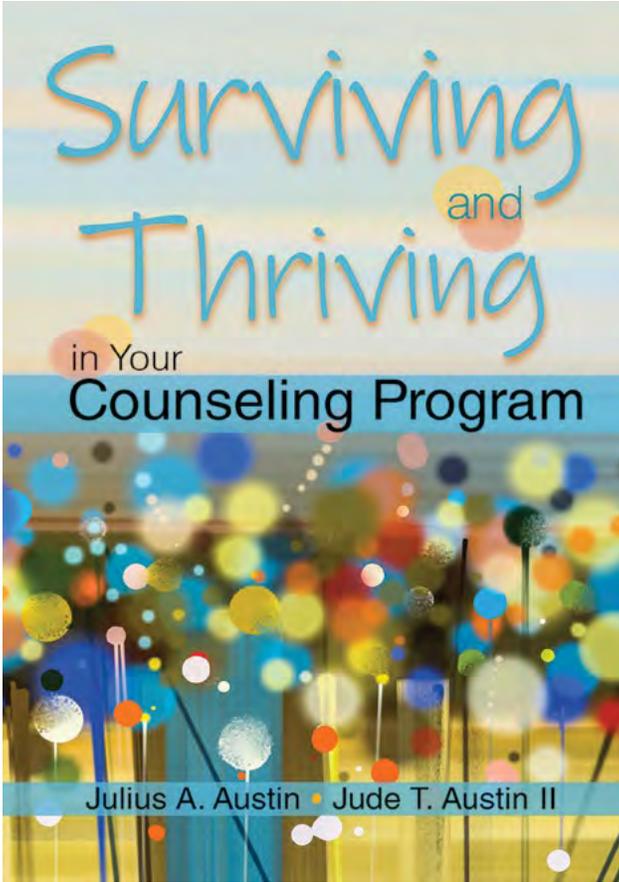
ISBN: 978-1-55620-405-0

304 pages

\$47.16 Member price

\$58.95 Non-member price





Surviving and Thriving in Your Counseling Program

JULIUS A. AUSTIN AND JUDE T. AUSTIN II

Written for graduate students who want to get the most out of their experience, this book presents down-to-earth discussions and suggestions on counselor training and life after graduation. The authors, both millennials and recent doctoral program graduates, draw upon their own personal and professional training and career experiences, as well as shared insight from a diverse group of current graduate students, recent graduates, and new professionals. The realistic, personal, and often humorous narratives throughout the book give an insider's perspective on graduate school and illuminate the emotional journey of students and new professionals.

Published January 2020

ISBN: 978-1-55620-392-3

180 pages

\$20.76 Member price

\$25.95 Non-member price



Teaching and Learning in Counselor Education

JAVIER CAVAZOS VELA

This practical guide is one of the first in the field to examine research-based teaching and learning strategies, promote positive and inclusive learning environments, and provide interactive features that allow readers to demonstrate and apply what they learn. Ideal for courses on teaching and pedagogy, and written for both counselor educators and their students, it provides a deep understanding of how learning works in order to improve teaching practices and create strong student learning outcomes.

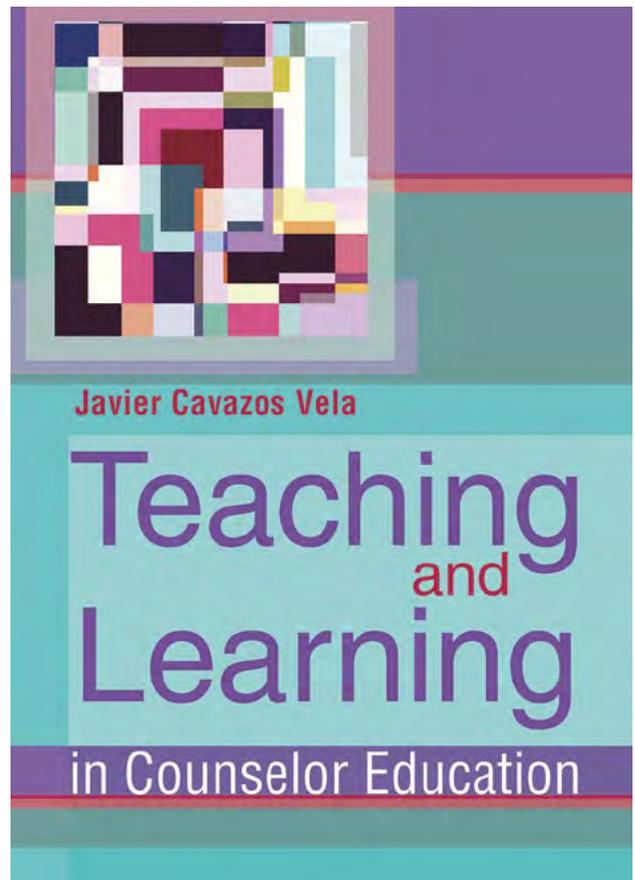
Published June 2020

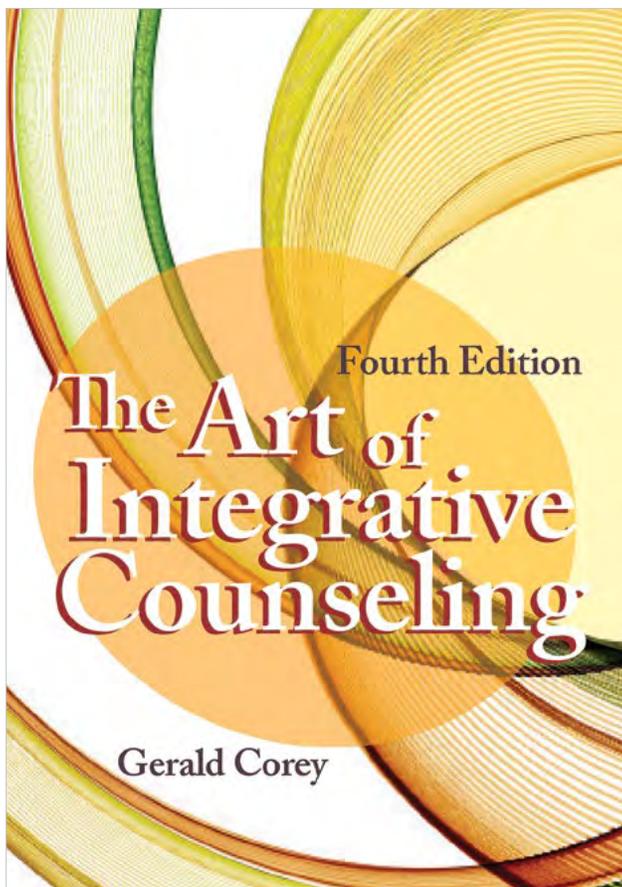
ISBN: 978-1-55620-388-6

240 pages

\$47.16 Member price

\$58.95 Non-member price





The Art of Integrative Counseling, 4th Edition

GERALD COREY

Useful as a supplemental text in advanced theories and practicum courses, this fourth edition discusses the key concepts and techniques from many contemporary theories and how to develop an integrative approach to the counseling process to better meet individual client needs. Dr. Corey introduces the techniques that he draws from in his own integrative approach to counseling using a wide variety of case examples with diverse clients.

Published June 2019

ISBN: 978-1-55620-385-5

272 pages

\$46.36 Member price

\$57.95 Non-member price



The Counseling Dictionary, 4th Edition

SAMUEL T. GLADDING

This authoritative reference book by one of the most distinguished leaders in the profession features 4,000 commonly used terms and abbreviations in counseling. Since publication of the previous edition, Dr. Samuel Gladding has added 342 new, clear, and concise definitions and has fully updated existing terminology. This exceptional resource also highlights the professional contributions of prominent counselors, both historical and contemporary, and includes a current chronology of the evolution of counseling.

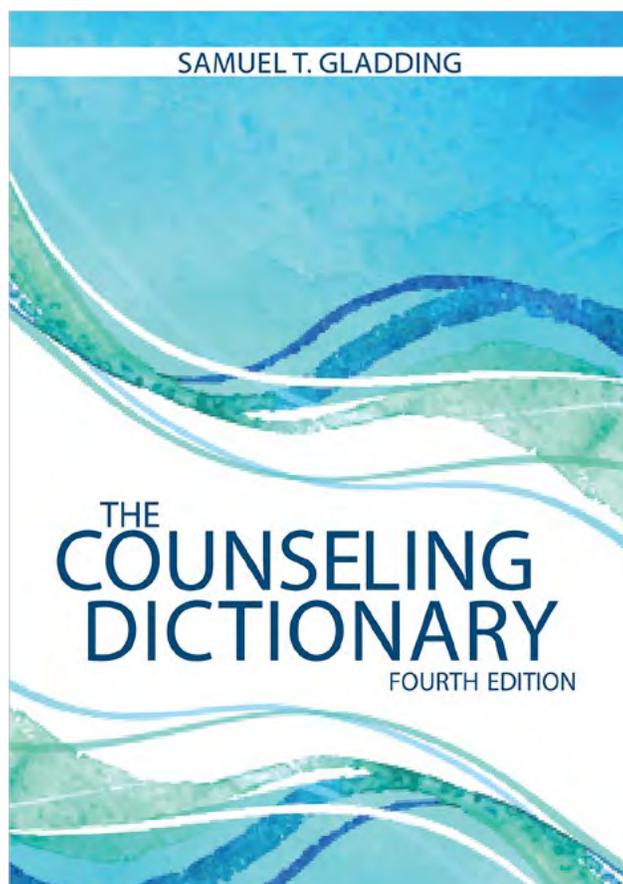
Published June 2018

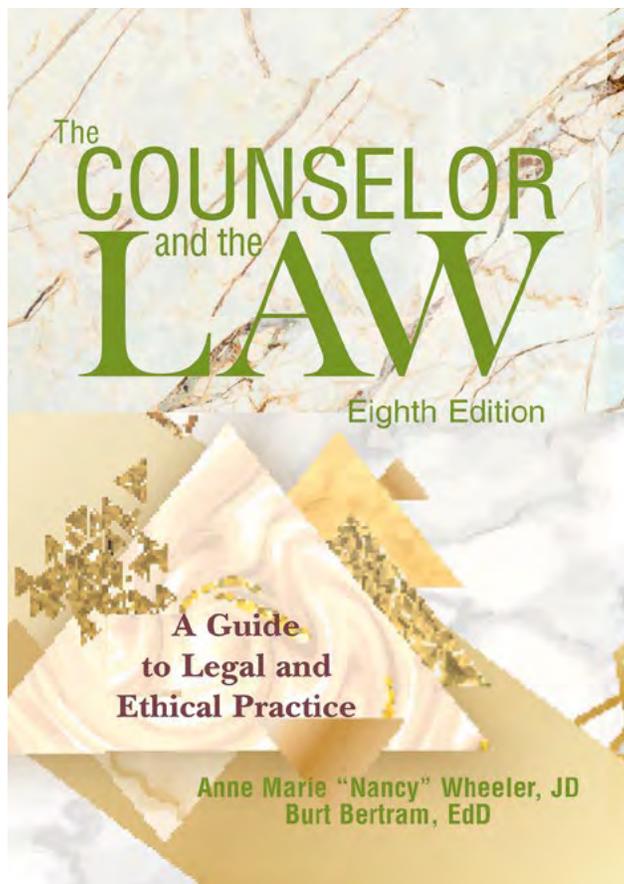
ISBN: 978-1-55620-372-5

212 pages

\$44.76 Member price

\$55.95 Non-member price





The Counselor and the Law: A Guide to Legal and Ethical Practice, 8th Edition

ANNE MARIE "NANCY" WHEELER AND BURT BERTRAM

This eighth edition provides a current and comprehensive discussion of counselors' legal and ethical responsibilities, an examination of state and federal laws as they relate to practice, and helpful risk management strategies. Attorney Nancy Wheeler and Burt Bertram, a private practitioner and counselor educator, offer real-world practical tips to help navigate professional risks while providing competent clinical care.

Published February 2019

ISBN: 978-1-55620-382-4

400 pages

\$49.95 Member price

\$64.95 Non-member price



The Creative Arts in Counseling, 6th Edition

SAMUEL T. GLADDING

The Creative Arts in Counseling presents an evidence-based exploration of how expressive therapies can be used effectively with clients of all ages and backgrounds. After an introduction to the history and benefits of using the arts in counseling, Dr. Gladding discusses the therapeutic use of music; dance/movement; imagery; visual arts; writing/literature; drama; humor; play; animal-assisted therapy; and horticulture, nature, and wilderness therapies. Text features include a new section on incorporating the creative arts in telebehavioral counseling, two-part chapter overviews, 96 creative reflections for self-discovery, 145 exercises for use in session, and a listing of creative arts and art therapies websites.

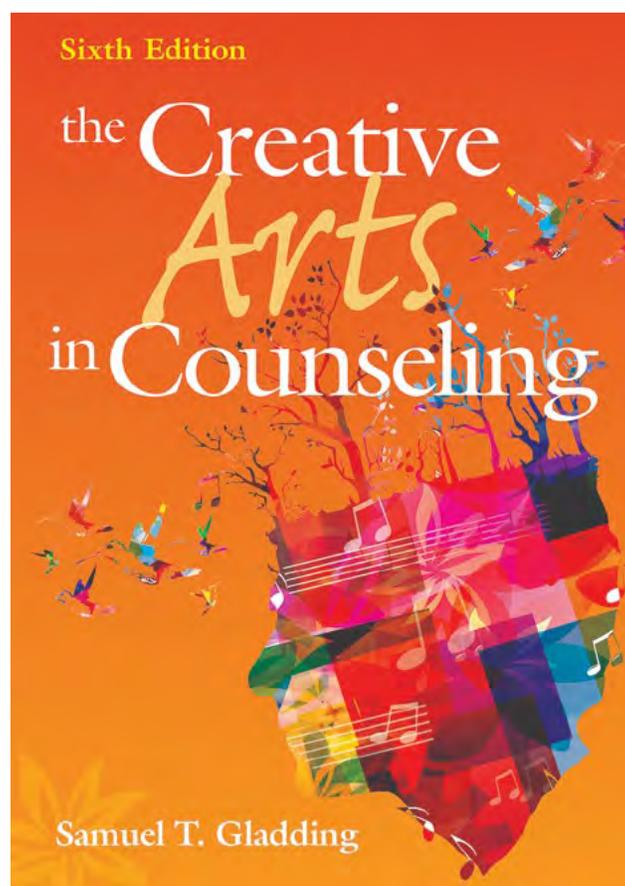
Published February 2021

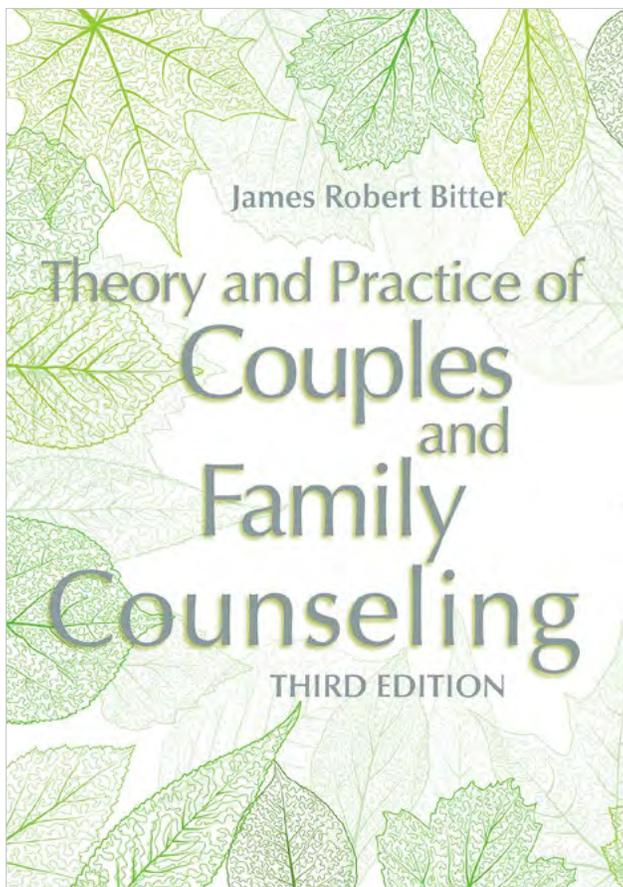
ISBN: 978-1-55620-406-7

416 pages

\$50.36 Member price

\$62.95 Non-member price





Theory and Practice of Couples and Family Counseling, 3rd Edition

JAMES ROBERT BITTER

This introduction to couples and family counseling lays the foundation for student skill-building by encouraging the development of personal, professional, and ethical standards of practice. This third edition has been expanded to include couples counseling and updated to reflect recent research and current practice. Primary text features include a genogram delineating the history of the field; a comprehensive discussion of 13 widely used theories with real-life examples of quality work for each approach; a single, bicultural couple/family system case for comparison across models; and strategies for the integration and application of the models into clinical practice with diverse clients.

Published September 2020

ISBN: 978-1-55620-383-1

568 pages

\$64.95 Member price

\$89.95 Non-member price



Wellness Counseling: A Holistic Approach to Prevention and Intervention

JONATHAN H. OHRT, PHILIP B. CLARKE, AND ABIGAIL H. CONLEY

This innovative text presents a comprehensive review of the theoretical and empirical support for a wellness approach to counseling with current techniques for client assessment, case conceptualization, treatment planning, and intervention. The authors provide holistic strategies for wellness promotion with children, adolescents, and young, midlife, and older adults, as well as in counseling with groups, couples, and families. Each chapter includes reflection questions, learning activities, and resources to deepen readers' understanding of the content and application to practice.

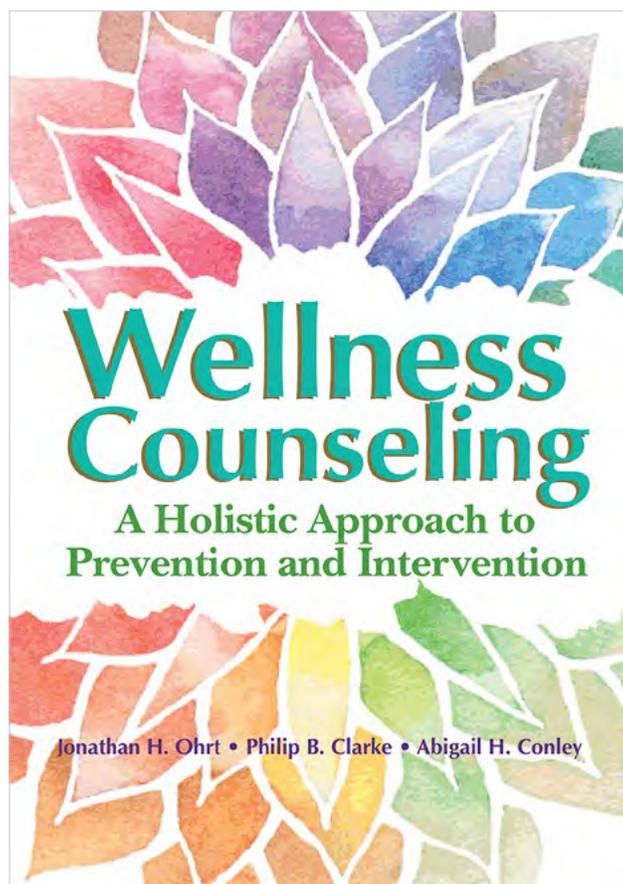
Published June 2019

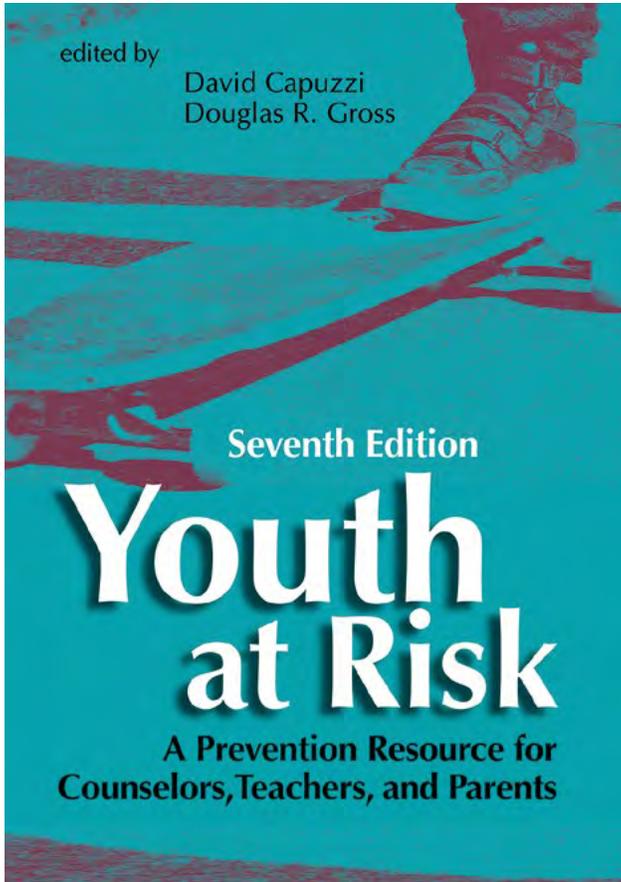
ISBN: 978-1-55620-374-9

340 pages

\$51.96 Member price

\$64.95 Non-member price





Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents, 7th edition

EDITED BY DAVID CAPUZZI AND DOUGLAS R. GROSS

This comprehensive text, written by experts in each topical area, provides research-based approaches designed for work with youth in the difficult transition from adolescence to adulthood. Developmental in its orientation, the text moves from population definition and identification, to causal factors and issues most often identified with placing youth at risk, to a prevention-intervention paradigm specifically created for teens. Illustrative case studies and enlightening sidebars enhance reader self-awareness, promote self-study and skill development, and aid in the comprehension of the concepts and applications of chapter material.

Published February 2019

ISBN: 978-1-55620-384-8

488 pages

\$58.95 Member price

\$82.95 Non-member price



Assessment, Diagnosis, & Treatment

Assessment in Counseling: Procedures and Practices, 7th Edition, [4](#)

Cognitive Behavior Therapies: A Guidebook for Practitioners, [13](#)

Interactive Group Work 2nd Edition, [6](#)

Neuroscience Informed Counseling: Brain-Based Clinical Approaches, 2nd Edition, [3](#)

Neuroscience - Informed Counseling with Children and Adolescents, [23](#)

Reality Therapy and Self-Evaluation: The Key to Client Change, [26](#)

Suicide Assessment and Treatment Planning, [27](#)

Career Development

A Comprehensive Guide to Career Assessment 7th Edition, [7](#)

Postmodern Career Counseling: A Handbook of Culture, Context, and Cases, [25](#)

Children & Adolescents

Neuroscience - Informed Counseling with Children and Adolescents, [23](#)

Partners in Play: An Adlerian Approach to Play Therapy, 3rd Edition, [24](#)

Play Therapy: Basics and Beyond, 3rd Edition, [1](#)

Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents, 7th edition, [32](#)

Counselor Education & Supervision

- A Counselor's Guide to the Dissertation Process, [8](#)
- Becoming a Counselor, The Light, the Bright and the Serious, [10](#)

Choosing the Right Counselor for You, [11](#)

Counseling and Psychotherapy 7th Edition, [14](#)

Counseling Research: A Practitioner-Scholar Approach, 2nd Edition, [17](#)

Counselor Education in the 21st Century, [17](#)

Clinical Supervision in the Helping Professions: A Practical Guide 3rd Edition, [12](#)

Distance Counseling and Supervision: A Guide for Mental Health Clinicians, [20](#)

Critical Incidents in Counselor Education: Teaching, Supervision, Scholarship, Leadership, and Advocacy, [19](#)

Evaluating Student Learning Outcome in Counselor Education, [20](#)

Gatekeeping in the Mental Health Professions, [21](#)

Orientation to Professional Counseling: Past, Present, and Future Trends, [24](#)

Surviving and Thriving in Your Counseling Program, [28](#)

Teaching and Learning in Counselor Education, [28](#)

The Counseling Dictionary, 4th Edition, [29](#)

College Counseling

College Counseling and Student Development, [13](#)

Couples, Marriage, & Family

Addiction in the Family: What Every Counselor Needs to Know, [8](#)

Counseling With Immigrants, Refugees, and Their Families: From Social Justice Perspectives, [3](#)

Handbook for Human Sexuality Counseling: A Sex Positive Approach, [21](#)

Theory and Practice of Couples and Family Counseling 3rd Edition, [31](#)

Cultural Identities, Multiculturalism, & Diversity

Affirmative Counseling with LGBTQI People, [9](#)

Antiracist Counseling in Schools and Communities, [10](#)

Counseling for Social Justice, 3rd Edition, [15](#)

Counseling Older People: Opportunities and Challenges, [16](#)

Counseling With Immigrants, Refugees, and Their Families: From Social Justice Perspectives, [3](#)

Multicultural Issues in Counseling, 5th Edition, [23](#)

Creative & Complementary Intervention

The Creative Arts in Counseling 6th Edition, [30](#)

Ethics, Legal, Healthcare Regulation & Compliance

Boundary Issues in Counseling, 3rd Edition, [11](#)

Crisis Intervention Ethics Casebook, [18](#)

The Counselor and the Law, 8th Edition, [30](#)

Military & Veterans

Clinical Military Counseling: Guidelines for Practice, [12](#)

Private / Clinical Practice

Boundary Issues in Counseling, 3rd Edition, [11](#)

Cognitive Behavior Therapies: A Guidebook for Practitioners, [13](#)

Reality Therapy and Self-Evaluation: The Key to Client Change, [26](#)

Relationships in Counseling and the Counselor's Life, [26](#)

The Art of Integrative Counseling, 4th Edition, [29](#)

Professional Development

Counseling Leaders and Advocates: Strengthening the Future of the Profession, [15](#)

Doing Counseling: Developing Your Clinical Skills and Style, [6](#)

Religion & Spirituality

Integrating Spirituality and Religion into Counseling 3rd Edition, [22](#)

School Counseling

Antiracist Counseling in Schools and Communities, [10](#)

Critical Incidents in School Counseling, 3rd Edition, [19](#)

Solution-Focused Counseling in Schools 4th Edition, [27](#)

Substance-related & Addictive Disorders

A Concise Guide to Opioid Addiction for Counselors, [7](#)

A Contemporary Approach to Substance Use Disorders and addiction Counseling, 3rd Edition, [5](#)

Addiction in the Family: What Every Counselor Needs to Know, [8](#)

Annual Review of Addictions and Offender Counseling Volume 5, [9](#)

Technology & Related Issues

Distance Counseling and Supervision: A Guide for Mental Health Clinicians, [20](#)

Trauma & Stress-related Disorders

Counseling Practice During Phases of a Pandemic Virus, [16](#)

Disaster Mental Health Counseling: A Guide to Preparing and Responding, 4th Edition, [19](#)

Introduction to Crisis and Trauma Counseling, [22](#)

Wellness & Self-care

Coping Skills for a Stressful World: A Workbook for Counselors and Clients, [14](#)

Counselor Self-Care 2nd Edition, [5](#)

Personal Reflections on Counseling, [25](#)

Wellness Counseling: A Holistic Approach to Prevention and Intervention, [31](#)



American
Counseling
Association
counseling.org

